

Afterlife

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Tobias Heins (DE) - May 2025
音乐: Afterlife - Michael Schulte



Intro: 8 Counts

Section 1: Side - Close, Shuffle, Side - Close, Shuffle

- 1-2 Step RF diagonal forward (1), step LF next to RF (2)
- 3&4 Step RF diagonal to R (3), Step LF next to RF (&), Step RF diagonal to R (4)
- 5-6 Step LF diagonal forward (5), step RF next to LF (6)
- 7&8 Step LF diagonal to L (7), Step RF next to LF (&), Step LF diagonal to L (8)

Section 2: Rocking Chair, Syncopated Side Rock, Side Rock

- 1-2 Step RF forward (1), Recover onto LF (2)
- 3-4 Step RF backward (3), Recover onto LF (4)
- 5-6& Step RF to right (5), Recover onto LF (6), step RF next to LF (&)
- 7-8 Step LF to left (7), Recover onto RF (6)

*Restart - Step change:

- 5-8 Step RF to right (5), Recover onto LF (6), Step RF next to LF (7), Step LF next to RF (8)

Section 3: Left Jazz Box, Scuff, Right Jazz Box ¼ Turn Right

- 1-4 Cross LF over RF (1), Step RF backward (2), Step LF to L (3), Scuff RF across LF (4)
- 5-8 Cross RF over LF (5), Step LF backward (6), Step RF to R with ¼ R (7), Step LF forward (8)

Section 4: Pivot Turns (2x ½ turn left), Modified Grapevine, Heel & Heel

- 1-2 Step RF forward (1), turn ½ L (2) (weight to LF)
- 3-4 Step RF forward (3), turn ½ L (4) (weight to LF)
- 5-6& Step RF to R (5), Step LF behind RF (6), Step RF to R (&)
- 7&8 LF Heel diagonal forward (7), Step LF next to RF (&), RF Heel diagonal forward (8)

Restart on wall 3 and wall 7 after 16 Count with a stepchange* (facing 6.00 and 3.00)

Have fun with this dance. ☐

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