

Menaruh Hati Tanpa Hati-Hati

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 2 级数: Intermediate NC2S
编舞者: Sweet Five (INA) & Roosamekto Mamek (INA) - May 2025
音乐: Menaruh Hati Tanpa Hati-Hati (Tabayyun Original Motion Picture Soundtrack) - Nabila Ellisa



Intro : 24 count (Approximately 00: 24)

SEQUENCE: 32, 24, Tag, 32, Tag, 24, 32, 24, Tag, 32, 32

S1. L BASIC NC2S, SIDE, BACK MAMBO, CHASSE TURN 1/2 LEFT, RUN FORWARD (L- R)

1-2& Step L to side – Step R behind L – Cross L over R (12:00)
3-4& Step R to side – Rock L back – Recover on
5-6& Step L forward – Step R forward – Turn 1/2 left weight on L (6:00)
7-8& Step R forward – Step L forward – Step R forward

S2. FORWARD WITH SWEEP, WEAVE, BEHIND, SIDE, CROSS ROCK, FORWARD TURN 1/4 LEFT, R BASIC NC2S

1-2& Step L forward and sweep R forward – Cross R over L – Step L to side
3-4& Cross R behind L and sweep L back – Cross L behind R – Step R to side
5-6& Cross/Rock L over R – Recover on R – Turn 1/4 left step L forward (3:00)
7-8& Step R to side – Step L behind R – Cross R over L

S3. BACK TURN 1/4 RIGHT, UNWIND TURN 1/4 RIGHT, FORWARD TURN 1/4 RIGHT, FORWARD, FORWARD WITH HITCH, RUN BACK (L & R), ROCK BACK, RUN FORWARD (L & R), SIDE ROCK WITH SWAY

1-2& Turn 1/4 right step L back and continue turning 1/4 right – Turn 1/4 right step R forward – Step L forward (12:00)
3-4& Step R forward and hitch L knee up – Step L back – Step R back
5-6& Rock L back – Recover on R – Step L forward
7-8& Step R forward – Rock L to side and sway body to left – Recover on R and sway body to right

S4. BACK WITH SWEEP, BEHIND, SIDE, CROSS, WEAVE, COASTER STEP, SYNCOPATION PIVOT TURN 1/2 RIGHT

1-2& Step L back and sweep R back – Cross R behind L – Step L to side (12:00)
3-4& Cross R over L and sweep L forward – Cross L over R – Step R to side
5-6& Step L back and sweep R back – Step R back – Step L together
7-8& Step R forward – Step L forward – Turn 1/2 right weight on R (6:00)

REPEAT

TAG 1 (4 count) : On wall 2 after 24 count and end of wall 3

SIDE AND SWAYS

1-4 Step L to side sway to left – Sway to right – Sway to left – Sway to right and drag L toward R

TAG 2 (6 count) : On wall 6 after 24 count

BASIC NC2S (L & R), SIDE AND SWAYS

1-2& Step L to side – Step R behind L – Cross L over R
3-4& Step R to side – Step L behind R – Cross R over L
5-6 Step L to side and sway to left – Sway to right and drag L toward R

For more info about step sheet & song, please contact:

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