

Yourself

拍数: 48 墙数: 4 级数: Improver
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音乐: Yourself - Presley Tennant



2 Restarts

***1st- Wall 6 after 32 counts**

***2nd- Wall 11 after 16 counts**

Right weave, Left diagonal kick, back, side

1-2 Step R to side, step L behind R
3-4 Step R to side, step L over R
5-6 Step R to side, kick L fwd diagonal
7-8 Step L behind R, step R to side

Left cross rock, recover, 1/4 turn left, scuff, rocking chair

1-2 Cross rock L over R, recover back on L
3-4 Step L fwd making 1/4 turn L, scuff R
5-6 Rock fwd R, recover L
7-8 Rock back R, recover fwd L

***2nd restart* (wall 11)**

Hip pushes , 1/4 turn Monterrey

1-2 Push R hip up/fwd, step on R foot
3-4 Push L hip up/fwd, step on L foot
5-6 Point R to R side, 1/4 turn R, step R next to L
7-8 Point L to L side, step on L (back to center)

Right toe strut jazz box, stomp, stomp

1-2 Touch R toe over L foot, drop R heel
3-4 Touch L toe back, drop L heel
5-6 Touch R toe to R side, drop R heel
7-8 Stomp L center, stomp R next to L (take weight)

***1st restart-Touch on count 8* (wall 6)**

Left weave, right diagonal kick, rock, recover

1-2 Step L to side, step R behind L
3-4 Step L to side, step R over L
5-6 Step L to side, kick R fwd diagonal
7-8 Rock R behind L, recover to L

1/4 turn right step lock step, scuff, step lock step, touch

1-2 Step R fwd making 1/4 turn R, lock L behind R
3-4 Step R fwd diagonal, scuff L fwd
5-6 Step L fwd diagonal, lock R behind L
7-8 Step L fwd diagonal, touch R next to L

HAVE FUN!!