Tick Tock



编舞者: Daniel Exton (UK) - December 2023 音乐: What You Waiting For? - Gwen Stefani



SEC 1 SHUFFLE X2, ROCK, SHUFFLE BACK

1&2	Right foot forward, left next to right, right foot forward
3&4	Left foot forward, right next to left, left foot forward
5-6	Rock forward on Right foot, Recover onto Left
7&8	Right foot back, left next to right, right foot back

SEC 2 COASTER, CHASSE 1/4, ROCK AND KICK, ROCK AND KICK AND

1&2	Left foot back.	Right next to le	ft, Left foot forward
		i digita ilona to to	it, Eoit ioot ioi mai a

3&4 Right to Right side with ¼ turn Left, Left next to Right, Right to Right side (9:00)

5&6 Rock Left behind Right, Recover onto Right, Kick Left out to Diagonal

7&8& Rock Left behind Right, Recover onto Right, Kick Left out to Diagonal, Place Left down

SEC 3 WEAVE, CROSS ROCK, SIDE, CROSS

1-2	Cross Right over Left, Left to Left side
3-4	Right behind Left, Left to Left side
5.6	Cross Back Dight over Laft Bacayar or

5-6 Cross Rock Right over Left, Recover onto Left7-8 Right to Right side, Left cross over Right

SEC 4 TOE HEEL STOMP, KICK BALL POINT AND TOE HEEL STOMP, KICK BALL POINT AND

1&2 Right toe next to Left, Right heel next to Left, Stomp Right

3&4& Kick Left foot out, Left next to Right, Point Right to Right side, Return Right next to Left

Left toe next to Right, Left heel next to Right, Stomp Left

7&8& Kick Right out, Right next to Left, Point Left to Left side, Return Left next to Right

Restart Here on Wall 4

SEC 5 MONTEREY 1/4 X2

1-2 Point Right to Right side, ¼ turn Right as you return Right next to Left (12:00)

3-4 Point Left to Left side, Left next to Right

5-6 Point Right to Right side, ¼ turn Right as you return Right next to Left (3:00)

7-8 Point Left to Left side, Left next to Right

Restart Here on Wall 6

SEC 6 SIDE, TOGETHER, SHUFFLE, ROCK, COASTER STEP

1-2 Right to Right side, Left next to Right

3&4 Right foot forward, left next to right, right foot forward

5-6 Rock forward on Left, Recover onto Right

7&8 Left foot back, Right next to left, Left foot forward

Restart Here on Wall 2

SEC 7 JUMP FORWARD, CLAP, HIP BUMPS, JUMP BACK, CLAP, HIP BUMPS

&1-2 Jump forward Right, Left, Clap

3-4 Hip bump Right, Hip bump Left (Weight on L)

&5-6 Jump back Right, Left, Clap

7-8 Hip Bumps Right, Hip bump Left (Weight on L)