

La Plena

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Vee Trias (INA) - May 2025
音乐: La Plena (W Sound 05) - W Sound, Beéle & Ovy On the Drums



Intro: 48 Counts (Approximately 00:29)

NO TAG - NO RESTART

S1. SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS, SIDE, TOUCH, SIDE, KICK, BEHIND, FORWARD TURN 1/4 RIGHT, FORWARD

1&2& Step R to side - Touch L together - Step L to side - Kick R to side
3&4 Cross R behind L - Step L to side - Cross R over L
5&6& Step L to side - Touch R together - Step R to side - Kick L to side
7&8 Cross L behind R - Turn 1/4 right step R forward - Step L forward

S2. FORWARD MAMBO, COASTER STEP, SIDE MAMBO (R&L)

1&2 Rock R forward - Recover on L - Step R back
3&4 Step L back - Step R together - Step L forward
5&6 Rock R to side - Recover on L - Step R together
7&8 Rock L to side - Recover on R - Step L together

S3. CHUG, TURN 1/4 RIGHT CHUG, SAILOR STEP, SWITCH TOUCHES, SAILOR STEP

1&2& Chug R to side - Recover on L - Turn 1/4 right chug R to side - Recover on L
3&4 Cross R behind L - Step L to side - Step R to side
5-6 Touch L cross over R - Touch L to side
7&8 Cross L behind R - Step R to side - Step L to side

S4. CROSS SAMBA, FORWARD ROCK, TURN 1/4 RIGHT, SIDE, CROSS SHUFFLE

1&2 Cross R over L - Rock L to side - Recover on R
3&4 Cross L over R - Rock R to side - Recover on L
5&6 Rock R forward - Recover on L - Turn 1/4 right step R to side
7&8 Cross L over R - Step R to side - Cross L over R

Have fun and happy dancing!
