

Sweet Symphony

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Rebecca Ross (AUS) - May 2025
音乐: Sweet Symphony (feat. Chris Stapleton) - Joy Oladokun



Start: Weight on Left, Start after 16 counts Finish: Dance at the front dragging heel

No Restarts, No tags

Step back R, sweep L, behind side cross, Rock out to side, ¼ turn L recover Weight onto L, dragging R. Step R, behind side cross, Rock out to side, ¼ turn L recover weight onto L dragging R beside L.

- 1, 2 & a 3, 4 Step back onto R sweeping L from front to back, step L behind R, Step R to R side, Step L across infront of R, Step R to R side, ¼ turn left recover weight onto L dragging R up beside L, keeping weight on left (Facing 9.00)
- 5, 6 & a 7, 8 Step R to R side, Step L behind R, step R to R side, step L across infront of R, Step R to R side, ¼ turn Left recover weight onto L, dragging R up beside L (Facing 6.00)

Step Fwd R, Full turn Spin over L, Step Fwd L, ¼ turn L step R side behind side, recover Weight onto L making 1/8 turn (facing 1.30). Cross Samba R, Cross Samba L. Cross Rock R over L, Recover still facing 1.30 diagonal sweeping R back.

- 1, 2 & a 3, 4 Step R Fwd into a Full turn spin over L, Step L Fwd, Step R into ¼ turn L (facing 3.00) Stepping to the side, Step L behind R, Step R to R side, recover weight onto L dragging R up beside L making 1/8 turn (facing 1.30)

(ALTERNATIVE: To the full turn spin – step Fwd R, Hitch L)

- 5 & a (Facing 1.30 diagonal) Cross Samba Right (travelling slightly Fwd)
- 6 & a (Facing 1.30 diagonal) Cross Samba Left (travelling slightly Fwd)
- 7, 8 (Facing 1.30 diagonal) Cross R over L, Rock weight back onto L sweeping R back.

Rock back, Recover Fwd, ¼ back, ¼ fwd, Cross Rock Fwd R, recover 1/8 turn dragging R beside, 1/8 turn fwd R (facing 10.30), ½ turn, ½ turn, ½ hitch R back, Step back R, recover Fwd L

- 1, 2 & a Rock back on R, recover Fwd on L (still facing 1.30), step back on R ¼ turn (facing 10.30) over left shoulder, further ¼ turn over left step L fwd into diagonal (facing 7.30)
- 3, 4 Step Fwd on R across L (Facing 7.30), rock recover weight back on L (straightening up to 3.00) dragging R beside L
- 5 & a 6 Step R Fwd 1/8 turn into diagonal (Facing 10.30) ½ turn over R stepping back on L, ½ turn R stepping fwd on R, ½ turn over R stepping back on L R hitching R (Facing 4.30)

ALTERNATIVE: Step Fwd R, L, R into diagonal (10.30) (run, run, run – instead of a full turn)

- 7, 8 Step Back on R, Rock Fwd recover weight on L into diagonal (Facing 4.30)

Diagonal Cross Samba R, Cross Samba L, Cross Rock R recover L dragging R beside. Step Fwd R full turn over R, step Fwd L, Recover Weight back on R, full turn back over L, step back L.

- 1 & a, 2 & a Facing diagonal (4.30) Cross Samba R, Cross Samba L (travelling slightly Fwd)
- 3, 4 Cross Rock R Fwd infront of L, rock recover weight back onto L 1/8 turn, while dragging / hooking R up infront of L (straightening up to face 6.00)
- 5 & a 6 Step Fwd on R, (then full turn over R) Step L ½ turn back, Step R ½ turn Fwd, Step Fwd L, (Facing 6.00)
- 7 & a 8 Recover weight back on R, (full turn back over L) Step L ½ turn back, Step R ½ turn back, Step back on L (Facing 6.00)
- 7, 8 ALTERNATIVE: Step back R Sweep L back, Step back L Sweep R back (timing changes if using this option) or (Run, run, Run step Fwd, recover run run run back – no turns)

START AGAIN

