

Hold My Hips

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Krista Young (USA) & Kristie Zamora (USA) - May 2025
音乐: That Kinda Night - Angie K



Intro: 16 counts, start at 0:09 with lyrics

Tag/Restart: Only do 32 counts of the 5th wall, then 4-count Tag, then start 6th wall

Section 1 [1-9] Step Collect, Walk x2, Heel Touch Point, Touch, Hitch Touch, Rock-Recover Cross

1-2-3 Step RF to R while sliding L toe towards RF, step LF fwd, step RF fwd
4&5-6 Touch L heel fwd, touch L toe next to RF, point LF out to L, touch L toe next to RF
7&8&1 Hitch L knee up, touch L toe next to RF, step LF out to L, recover onto RF, cross LF in front of RF

Section 2 [10-16] Rock-Recover, Behind Side ¼ Step, Mambo Slide Collect

2-3 Step RF to R, recover onto LF (add figure eight hips for Latin flair)
4&5 Step RF behind LF, step LF to L, ¼ turn L stepping RF fwd (9:00)
6&7 Step LF fwd, recover onto RF, big step LF back sliding RF towards LF
8& Collect RF next to LF, transfer weight to RF

Section 3 [17-25] Syncopated V-Step, Hip Roll, Behind Side Cross and Cross

1-2 Step LF diagonally out to L, step RF diagonally out to R (step onto heels if you'd like)
3&4& Step LF back to center, step RF back to center, step LF diagonally out to L, step RF diagonally out to R
5-6 Shift weight to LF and begin hip roll to L, continue hip roll back and around to R shifting weight to RF
7&8&1 Step LF behind RF, step RF to R, cross LF in front of RF, step RF to R, cross LF in front of RF (add figure eight hips for Latin flair)

Section 4 [26-32] Rock-Recover, Hitch Step, Backwards Shuffle, Sweep

2-3 Step RF to R, recover onto LF (add figure eight hips for Latin flair)
&4 Hitch R knee up while turning ⅛ to R (10:30), step RF back
5&6 Step LF back, step RF together, step LF back
7-8 Step onto RF while sweeping LF front to back and turning ¼ to L (7:30)

Tag happens here on the 5th wall, face 6:00 to restart 6th wall

Section 5 [33-40] Backwards Samba Step x2, Backwards Step x2 Hitch, Rock-Recover

1-2& Step LF behind RF, step RF to R, recover onto LF
3-4& Step RF behind LF, step LF to L turning ⅛ to L, recover onto RF turning ⅛ to L (4:30)
5-6& Step LF back, step RF back, hitch L knee up
7-8 Step LF back, recover onto RF

Section 6 [41-48] Forward Shuffle, Step Pivot, Forward Shuffle, ¾ Turn Slide

1&2 Step LF fwd, step RF together, step LF fwd
3-4 Step RF fwd, pivot ½ over L shoulder transferring weight to LF (10:30)
5&6 Step RF fwd, step LF together, step RF fwd
7-8 Big step back on LF, turn ¾ over L shoulder sliding RF towards LF (6:00)

TAG [Counts 1-4]

Cross Unwind

1-2 Step LF behind RF turning ⅛ to L (6:00), hold
3-4 Full turn unwind over L shoulder shifting weight to LF

Tag happens after 32 counts of 5th wall, begins facing 7:30, ends facing 6:00, restart 6th wall

Choreography and stepsheet created by Krista Young. Contact kristayoung.dance@gmail.com with any questions!

Last Update: 24 May 2025
