Beer Is Good

COPPER KNOB

拍数:64

墙数:4

级数: Improver

编舞者: Roy Verdonk (NL) & Alison Johnstone (AUS) - May 2025

音乐: People Are Crazy - Ronnie Beard

NO TAGS / RESTARTS

Start: After 32 counts....13 Seconds)

[1-8] REVERSE RUMBA BOX WITH HOLDS

- 1,2,3,4 Step Rt to side, Step Lft beside Rt, Step Rt back, Hold
- 5,6,7,8 Step Lft to side, Step Rt beside Lft, Step Lft Forward, Hold

[9-16] STEP LOCK STEP, HOLD, PIVOT ¼ CROSS, HOLD (3.00)

- 1,2,3,4 Step Rt forward, Lock Lft behind Rt, Step Rt forward, Hold
- 5,6,7,8 Step Lft forward, Pivot ¼ over Rt, Cross Lft over Rt, Hold (3.00)

[17-24] WEAVE, SIDE ROCK, RECOVER CROSS, HOLD

- 1,2,3,4 Step Rt to Side, Cross Lft behind, Step Rt to side, Cross Lft over Rt
- 5,6,7,8 Side rock onto Rt, Recover Lft, Cross Rt, Hold

[25-32] TOE STRUT, CROSS TOE STRUT, SIDE ROCK, RECOVER, CROSS, HOLD

- 1,2 Lft toe to side, Drop Lft heel (click fingers shoulder height)
- 3,4 Cross Rt toe over Lft, Drop Rt heel (click fingers shoulder height)
- 5,6,7,8 Side rock onto Lft, Recover on Rt, Cross Lft over Rt, Hold

[33-40] HINGE ¼, CLAP, HINGE ¼, CLAP, CROSS ROCK, RECOVER, SIDE (9.00)

- 1,2,3,4 ¹/₄ over Lft Step back on Rt, Clap, ¹/₄ over Lft Step Lft to side, Clap (9.00)
- 5,6,7,8 Cross Rock Rt over Lft, Recover on Lft, Step Rt to side, Hold

[41-48] CROSS, BACK, SIDE, HOLD, CROSS, BACK, SIDE, HOLD

- 1,2,3,4 Cross Lft over Rt, Step Back on Rt, Step Lft to side, Hold
- 5,6,7,8 Cross Rt over Lft, Step Back on Lft, Step Rt to side, Hold

[49-56] MAKE ½ A CIRCLE WITH 2x HEEL STRUTS, RUN, RUN, RUN, HOLD (3.00)

- 1,2,3,4 Lft heel, Drop toe, Rt heel, drop toe You will be facing approx (6.00)
- 5,6,7,8 Run Lft, Run Rt, Run Lft you will have completed ½ circle and will be facing 3.00

[57-64] DOUBLE HIP RT, DOUBLE HIP LFT, TWO ANTI CLOCKWISE HIP ROTATIONS

- 1&2 Bump Rt hip to Rt, Bump to Lft (&), Bump to Rt
- 3&4 Bump Lft hip to Lft, Bump to Rt (&), Bump to Lft
- 5,6,7,8 Rotate hips anti clockwise over 2 counts, Rotate hips anti clockwise over 2 counts

START AGAIN ©

ENDING: On wall 8 (starting at 9.00) dance 1st 32 counts, step Rt to side TADA!!!!

We hope you enjoy our dance ©

Thank you to Ronnie Beard for recording this track in memory of his Uncle, who loved this song.

