

Please Let Me Go (好心分手 Hao Xin Fen Shou)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Heru Tian (INA) - May 2025
音乐: 好心分手 (feat. 王力宏) - Candy Lo



***No Tag, No Restart

Section 1 : 1/2R Back, Sweep, Behind, Side, 1/8L Fwd/Arabesque, Runs Fwd, Pivot 1/2R, Fwd, Full Turn R, Sweep, 1/8L Cross, Side

12& 1/2R, Step LF Back, Sweep RF front to back (1), Step RF behind LF (2), Step LF to L Side (&)
34& 1/8L, Step RF Fwd, Lift LF Behind (Arabesque position) (3), Run LF Fwd (4), Run RF Fwd (&) (4.30)
56&7 Step LF Fwd, Pivot 1/2R (no change weight) (5), Step RF Fwd (6), 1/2R, Step LF Back (&), 1/2R, Step RF Fwd, Sweep LF Back to Front (7) (10.30)
8& 1/8L, Cross LF over RF (8), Step RF to R Side (&) (9.00)

Section 2 : Rock Back, Side, Sync Weave, Back & Sweep, Back & Sweep, Rock Back, Pivot 1/2L

12& Rock LF back (1), Recover on RF (2), Step LF to L Side (&)
3&4& Cross RF behind LF (3), Step LF to L Side (&), Cross RF over LF (4), Step LF to L Side (&)
56 Step RF Back, Sweep LF front to back (5), Step LF Back, Sweep RF front to back (6)
7&8& Rock RF Back (7), Recover on LF (&), Step RF Fwd (8), Pivot 1/2L, Shifting weight to LF (&) (3.00)

Section 3 : Sync Rock Fwd, Fwd, Sweep, Diamond 1/4R, Cross Rock, Side, Touch Together

12& Rock RF Fwd (1), Recover on LF (2), Step RF next to LF (&)
3 Step LF Fwd, Sweep RF back to front (3)
4&5 Cross RF over LF (4), Step LF to L Side (&), 1/8R, Step RF Back (5)
6& Step LF Back (6), 1/8R, Step RF to R Side (&) (6.00)
7&8& Rock LF cross over RF (7), Recover on RF (&), Step LF to L Side (8), Touch RF beside LF (&)

Section 4 : Basic NC, Side, Coaster with Fwd Shuffle, Pivot 1/2R (X2)

12& Take a long step RF to R Side (1), Step LF slightly behind RF (2), Cross RF over LF (&)
3 Step LF to L Side (3)
4&5&6 Step RF Back (4), Step LF Next to RF (&), Step RF Fwd (5), Step LF Next to RF (&), Step RF Fwd (6)
7&8& Step LF Fwd (7), Pivot 1/2R, Shifting weight to RF (&), Repeat 7& (8,&) (6.00)

Start the dance again..

Best Regards,
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