

Support (挽扶)

COPPER KNOB
BY PENELOPE

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Penny Tan (MY) & Shirley Bang (MY) - June 2025
音乐: Chan Fu (挽扶) - Gean Lim (林必嫻)



Dance start from vocal. No Tag No Restart

SEC1: SWAY , SWAY , SIDE CHASSE (R-L)

1-2 Step RF to R with sway , step LF on L with sway
3&4 Step RF to R ,step LF next to RF , step RF to R
5-6 Step LF to L with sway , step RF on R with sway
7&8 Step LF to L , step RF next to LF, step LF to L

SEC2:FWD WITH HITCH (R-L) , FWD , RECOVER , ¼ TURN R SIDE , FWD WITH HITCH (L-R) ,FWD , RECOVER , ¼ TURN L SIDE

1-2 Step RF fwd with hitch L knee in a figure 4 (or just hitch L knee fwd) , step LF fwd with hitch R knee in a figure 4 (Or just hitch R knee fwd)
3&4 Step RF fwd , recover on L , 1/4 turn R , step RF to R side (3:00)
5-6 Step LF fwd with hitch R knee in a figure 4 (Or just hitch R knee fwd) ,step RF fwd with hitch L knee in a figure 4 (or just hitch L knee fwd)
7&8 Step LF fwd , recover on R , 1/4 turn L , step LF to L side (12:00)

SEC3: SYNCOPATED WEAVE , CROSS, RECOVER, SIDE , CROSS, RECOVER, SIDE , WALK FWD R-L

1&2& Cross RF over LF , step LF to LF , step RF behind LF ,step LF to L
3-4& Cross RF over LF , recover on L , step RF to R
5-6& Cross LF over RF , recover on R , step LF to L
7-8 Walk RF fwd , walk LF fwd

SEC4: PIVOT 1/2 L , PIVOT 1/4 TURN L , ROCKING CHAIR

1-2 Step RF fwd , 1/2 turn L , step Lf fwd (6:00)
3-4 Step RF fwd , 1/4 turn L , step LF to L (3:00)
5-8 Rock RF fwd, recover LF, rock RF backwards, recover LF

Have fun and happy dancing!