

Mind's Made Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chris Jacobs Meyer (SA) - May 2025
音乐: I've Got My Mind Made Up - Country Vibez : (Revival Gospel Music)



Intro: 16 counts, start on the word "Up" about 9 secs in

Section 1: Walk RL, mambo on R, walk back LR, L coaster step (face 12.00)

- 1.2.3&4 walk Right, Left, Mambo on Right, rock fwd on right, small step back with right foot,
5.6.7&8 walk back left, right, (Left coaster step,) step back on left ball of foot, close right ball of foot
next to left and step forward on left Ball/flat

Section 2: Side rock recover, syncopated weave ¼ turn L, L fwd rock recover, ¼ chasse (face 6.00)

- 1.2. 3&4 Step right to right and recover left, cross right behind left, step left to left ¼ turn, step right
forward (syncopated weave)
5.6. 7&8 left foot rock fwd and recover on right, (¼ turn left chasse), turn left foot ¼ stepping on left,
step right next to left, step left to side

Section 3: slow weave, R cross rock recover, ¼ turn shuffle

- 1.2.3.4 cross right over left, step left to left side, step right behind left, left to left,
5.6.7&8 cross right over left, recover left, step right to side, close left beside right, step right ¼ to right
side (face 9.00)

Section 4: Step fwd L, turn ½ left stepping back on R, Coaster step left, rocking chair R (face 3.00)

- 1.2.3&4 Step L fwd, step back turning ½ on R, (Coaster step) step back on left ball of foot, close right
ball of foot next to left, step forward on Left Ball/flat, (right rocking chair)
5.6.7.8 ..step right foot forward, weight transfer of left, step left back, weight transfer on left (face
3.00)

Have fun dancing Chris

Email: stepitupdancing@gmail.com