

If Love Is Hard

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Heru Tian (INA) - May 2025
音乐: Love Is Hard - Akon, Rihanna ft Jason Derulo



****1 Tag, No Restart**

Section 1 : Pivot 1/4L, Sync Weave, Rock Fwd, Back & Fwd Touch X2

12 Step RF Fwd (1), Pivot 1/4L, Shifting weight to LF (2) (9.00)
3&4& Cross RF over LF (3), Step LF to L Side (&), Cross RF behind LF (4), Step LF to L Side (&)
56 Rock RF Fwd (5), Recover on LF (6)
&7&8 Step RF Back (&), Touch LF toe Fwd (7), Step LF Back (&), Touch RF toe Fwd (8)

Section 2 : Sync Side Rock, Side, 1/4L Heel Swivel, Hitch, Point Switches, Big Step Side, Behind Touch

12& Rock RF to R Side (1), Recover on LF (2), Step RF next to LF (&)
3&4 Step LF to L Side (3), Swivel both heels to Right, make a 1/4L (&), Hitch LF (4) (6.00)
&5&6& Close LF beside RF (&), Point RF to R Side (5), Close RF beside LF (&), Point LF to L Side (6), Close LF beside RF (&)
78 Big Step RF to R Side (7), Touch LF toe behind RF (8)

Section 3 : Side, Lock Behind, 1/8Fwd, Fwd Touch, Heels Swivels, Ball, Rock Fwd, 3/8L Ball, Fwd Lock Shuffle

12& Step LF to L Side (1), Lock RF behind LF (2), 1/8L, Step LF Fwd (&) (4.30)
3&4 Touch RF Fwd (3), Swivel both heels to Right (&), Return both heels (4)
&56 Ball RF beside LF (&), Rock LF Fwd (5), Recover on RF (6)
&7&8 3/8L, Ball LF beside RF (&), Step RF Fwd (7), Lock LF behind RF (&), Step RF Fwd (8) (12.00)

Section 4 : Rock Fwd, 1/4L Side Lunge, Point, Claps, Toe Struts, 1/2L Toe Struts

12 Rock LF Fwd (1), Recover on RF (2)
&3&4 1/4L, Lunge LF to L Side (&), Point RF to R Side (3), Claps both hands twice (&,4) (9.00)
5678 Touch RF toe Fwd (5), Drop RF heel (6), 1/2L, Touch LF toe Fwd (7), Drop LF heel (8) (3.00)

Start again..

Best Regards,
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