Backup Plan EZ



拍数: 32 编数: 2 级数: Easy Beginner

编舞者: Belinda Musick (USA) - May 2025

音乐: Backup Plan - Bailey Zimmerman & Luke Combs



#20 ct Intro Start on Vocal

*1 Restart, 1 Tag, Alternate ending

[1-8] STEP LOCK STEP, SCUFF, STEP LOCK STEP, SCUFF

Step R forward (1) Lock L behind R (2) Step R forward (3) Scuff L forward (4)
Step L forward (5) Lock R behind L (6) Step L forward (7) Scuff R forward (8)

[9-16] ROCK RECOVER, STEP BACK, HOLD, STEP BACK, BACK, BACK, TAP

1-8 Rock R forward (1) Recover on L (2) Step R back (3) Hold (4) Step L back (5) Step R back

(6) Step L back (7) Tap R next to L (8)

[17-24] RUMBA BOX

1-8 Step R to R (1) Step L next to R (2) Step R forward (3) Tap L next to R (4) Step L to L (5)

Step R next to L (6) Step L back (7) Tap R next to L (8)

RESTART here on wall 5

[25-32] STEP FORWARD, TAP, ¼ TURN L, TAP, STEP FORWARD, TAP, ¼ TURN L, TAP

1-8 Step R forward (1) Tap L next to R (2) 1/4 turn L while stepping on L (3) Tap R next to L (4)

Step R forward (5) Tap L next to R (6) 1/4 turn L while stepping on L (7) Tap R next to L (8)

TAG (4 cts) at end of wall 9

1-4 Step R to R (1) Drag L to R (2) Step L to L (3) Drag R to L (4)

Alternate ending, 7 counts to end dance at 12:00

Step R forward (1) Tap L next to R (2) ¼ turn L while stepping on L (3) Tap R next to L (4) Step R forward (5) Tap L next to R (6) ¼ turn L while stepping on L (7).