

I'm On a Roll, LFG

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Susan Garrett (AUS) - June 2025
音乐: LFG - Nate Smith



Intro: 16 Beats

* 1 Restart: Wall 4 after 16 counts (after instrumental)

S1 Stomp Kick, Triple Step (x2)

1 2 3&4 RF Stomp and kick forward, Step RF beside L, Step L in place, Step R beside L
5 6 7&8 LF Stomp and kick forward, Step LF beside R, Step R in place, Step L beside R

S2 ½ Monterey right, 4 stomps left

1 2 3 4 Touch R toe to side, turn ½ right on L stepping R next to L, Touch L toe to side, Step L beside R (3.00)
5 6 7 8 Stomp RF for 4 beats turning ¼ left on LF (12.00)

* Restart here on Wall 4

S3 Shuffle forward, Shuffle forward, Point & Point & Heel & Heel

1&2 3&4 Step forward R L R. step forward L R L
5&6& Point R toe to side & bring together, Point L toe to side & bring together
7&8& Tap R heel forward & bring together, Tap L heel forward & bring together

S4 2x ¼ Paddles (body rolls), Rock forward, back, back ball stomp

1 2 3 4 Step forward on RF, Turn ¼ left on L, Step forward on RF, Turn ¼ left on L
5 6 7&8 Rock forward on RF, Rock back on LF, Step back on RF, Step L in place Stomp RF beside L

Start Over