

Glass Half Empty Attitude

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jo Mellown (USA) - June 2025
音乐: Blowin' Smoke - Teddy Swims



Intro: 24 counts 1 tag and 2 restarts

[1 – 8] R grapevine with heel touch, left grapevine with heel touch

1, 2, 3, 4 Step R to side, step L behind R, step R to side, touch L heel to slight diagonal fwd
5, 6, 7, 8 Step L to side, step R behind L, step L to side, touch R heel to slight diagonal fwd

[9 – 16] Walk back R, L, R, L, R, touch L heel fwd, take weight to L, touch R toe back

1, 2, 3, 4 Walk (step) back R, step back L, step back R, step back L
5, 6, 7, 8 R step back, touch L heel fwd, step in place on L foot, touch R toe back

***variation for counts 1-5: Replace walk back steps with swivel back steps.**

1, 2, 3, 4, 5 Step R back and turn/swivel L toes to L, step L back and turn/swivel R toes to R, Step R back and turn/swivel L toes to L, step L back and turn/swivel R toes to R, Step R back and turn/swivel L toes to L

[17 – 24] Modified K step with ¼ turn R

1, 2, 3, 4 Step R fwd R diagonal, touch L next to R, step L back L diagonal, touch R next to L,
5, 6, 7, 8 ¼ R and step R to side (3:00), touch L next to R, step L to side, touch R next to L

[25 – 32] R out, L out, heel bounce X 2, R in, L in, swivel/swirl knees in place

1, 2, 3, 4 Step R fwd and to R diagonal, step L fwd and to L diagonal, raise and lower heels off floor twice for 3, 4
5, 6, 7, 8 Step R back to center, step L back to center, with split weight and knees together, move knees in circular motion for 7, 8

RESTART ON WALL 3 and a 4 ct TAG WITH RESTART ON WALL 7:

Wall 3 restart: dance counts 1-14, then make ¼ turn R stepping L to L side, touch R next to L (replaces step L in place, touch R toe back).

Wall 7 tag then restart: Dance counts 1-16, then then make ¼ turn R stepping L to L side, touch R next to L and then restart the dance

ENDING: Finish the 7th wall 32 ct rotation, then repeat cts 29-32 (out, out, heel bounce, in, in, knee swirl), add a grapevine R, and a turning grapevine L (turn ¼, ½, ¾ L) as the music slows to end

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