

Sittin' Here Lovin' You

COPPER KNOB
STEPMATS

拍数: 32 墙数: 0 级数: Improver
编舞者: Gerard Murphy (CAN) - May 2025
音乐: Sittin' Back Lovin' You - Anne Murray : (CD: This Way Is My Way)



****2 Restarts**

Dance begins after 8 counts

[1-8] STEP, SHUFFLE FORWARD, STEP, STEP ½ PIVOT R, SHUFFLE FORWARD

1 Step R forward (1)
2&3 Step L forward (2), lock step R behind L (&), step L forward (3)
4 Step R forward (4)
5,6 Step L forward (5), pivot ½ turn R onto R (6) [6:00]
7&8 Step L forward (7), lock step R behind L (&), step L forward (8)

[9-16] CROSS, POINT, BEHIND SIDE CROSS, TAP TAP, BEHIND, ¼ TURN L, STEP

1,2 Cross step R right over L (1), point L to L side (2)
3&4 Step L behind R (3), step R to R side (&), cross step L right over R (4)
5,6 Tap R to R side x 2 (5,6)
7&8 Step R behind L (7), turn ¼ L stepping forward on L (&), Step R forward (8) [3:00]

[17-24] ROCK FORWARD RECOVER STEP, ROCK BACK RECOVER STEP, ROCK SIDE L RECOVER STEP, POINT AND POINT

1&2 Rock L forward (1), recover on R (&), step L next to R (2)
3&4 Rock R back (3), recover on L (&), step R next to L (4)
5&6 Rock L to L side (5), recover on R (&), step L next to R (6)
7&8 Point R to R side (7), hitch R knee slightly (&), point R to R side (8)

Easier Options for [17-24]

1,2 Touch L forward (1), step L next to R (2)
3,4 Point R back (3), step R next to L (4)
5,6 Point L to L side (5), step L next to R (6)
7&8 Point R to R side (7), hitch R knee (&), point R to R side (8)

****RESTART HERE after 24 counts during walls 3 and 5, facing 9 o'clock**

[25-32] CROSS, BACK, ¼ STEP R, STEP FORWARD X 2

1,2,3,4 Cross step R over L (1), step back on L (2), turn ¼ right stepping R (3), step L forward (4)
[6:00]
5,6,7,8 Cross step R over L (5), step back on L (6), turn ¼ right stepping R (7), step L forward (8)
[9:00]

Start Over!

**** ENDING:** on final wall (third time starting at 6 o'clock), dance to count 18 to 9 o'clock and look over R shoulder to 12 o'clock, raising hands to shoulder level in a "whatever pose" (flapper style!)