

# No Shame

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Ken McMillin (USA) - June 2025  
音乐: No Shame - Jeff Bates



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## Walk, walk, rock recover, weave

1,2,3&4      RF walk fwd, LF walk fwd, RF Rock fwd, recover  
5,6,7,8      LF cross in front, RF step to R side, LF step behind, RF step to R side

## Rock recover, behind side cross, Monterey

1,2,3&4      LF rock fwd, recover together, LF behind, RF to R side, LF cross  
5,6,7,8      RF point to R side, 1/4 R turn as RF slides back, LF point to side and close

## Point, point, behind, side cross, point, point, cross, side rock recover

1&2&,3&4      RF point side, ball LF point side, LF behind, RF to side, LF cross front  
5&6&, 7&8      RF point side, ball LF point side, LF cross rock over RF, recover to RF, LF close

## Jazz box, Fwd rock recover, 1/2 r turn shuffle

1,2,3,4,      RF step across front, LF step to L, RF step to R, LF step together  
5&6, 7&8&      RF rock front, recover RF 1/2 R turn with shuffle fwd, (r,l,r), LF close

Learn-Dance-Teach -Enjoy!

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