

Round & Round

拍数: 32 墙数: 4 级数: Improver
编舞者: Adrian Lefebour (AUS) - June 2025
音乐: Upside Down - Human Nature



32 count intro from the start of the song, start on the word 'Down'

[1-8] Vine R, 1/4 Turn, 1/2 Turn, 1/2 Shuffle

1,2 Step R to R side, Step L behind R
3,4 Step R to R side, Touch L toe in place and prepping your body to turn
5,6 1/4 turn L step L fwd, 1/2 turn L step R back
7&8 1/2 Turning Shuffle over L – 1/2 turn L step L fwd, Step R next to L, Step L fwd (9.00)

[9-16] Step Fwd, Point Side, Step Fwd, Point Side, 1/4 Jazz Box Cross (RESTART)

1,2 Step R fwd/Across, Point L toe to L side
3,4 Step L fwd/Across, Point R toe to R side
5-8 Step R across L, 1/4 turn R step L back, Step R to R side, Step L across R (12.00)

[17-24] Rock Side, Recover, Cross Shuffle, 1/2 Turn, Shuffle Fwd

1,2 Rock R to R side, Recover weight on L
3&4 Step R across L, Step L to L side, Step R across L
5,6 1/4 turn R step L back, 1/4 turn R step R fwd (6.00)
7&8 L Shuffle Fwd - Step L fwd, Step R next to L, Step L fwd

[25-32] Out, Out, Hold, Step In, Step In Front, Hold, 1/4 Heel Bounce x2, Kick Ball Cross

&1,2 Step R to R side, Step L to L side (hip width apart), Hold (weight even)
&3,4 Step R to centre, Step L in front of R, Hold
5,6 Making a 1/4 turn R as you bounce both heels Up/Down twice (weight to finish on L) (9.00)
7&8 Kick R to R 45, Step ball of R next to L, Step L across R

Start Again!

RESTART: During Wall 4 – Dance to count 16 then restart dance to 3 o'clock wall.

Ending: On wall 7 – You start the dance at the 9 o'clock wall – Dance to count 28 where you will be facing the 3 o'clock wall, then do two 1/4 turning heel bounces to bring you to the 9 o'clock wall, do your kick ball cross, step R to R side and look to the front wall to finish.