

Me & You

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Caroline Cooper (UK) & James Himsworth (UK) - June 2025
音乐: Me & You - Ella Henderson



Intro 16 Counts

Section One Jazz box, rock fwd, recover, shuffle ½ turn

1-2-3-4 Cross R over L, step back L, step R to R side, Step fwd L
5-6, 7&8 Rock fwd R, recover L, ¼ turn stepping R to R side, close L next to R, ¼ turn stepping R fwd (6)

Section Two Rock fwd, recover, shuffle ½ turn, step fwd, ½ turn shuffle fwd

1-2, 3&4 Rock fwd L, recover R, ¼ turn stepping L to L side, close R next to L, ¼ turn stepping L fwd
5-6, 7&8 Step fwd R, ½ turn L, step fwd R, close L next to R, step fwd R (6)

Section Three Cross, back, ball cross side, back rock, kick ball change

1-2, &3-4 Cross L over R, step back R, step L to L side, cross R over L, step L to L side
5-6, 7&8 Rock R back, recover L, Kick R fwd, step down on R, step L fwd (6)

Section Four ¼ turn toe strut, ½ turn toe strut, rock fwd, recover, step back, coaster step

1-2-3-4 ¼ turn L stepping R toe back, ½ turn L stepping L toe fwd
5&6, 7&8 Rock fwd R, recover L, step back R, step back L, close R next to L, step fwd L (9)

During this dance, there are three step changes, with restarts

All step changes occur during Section 2 on Walls 3, 6, and 8

Omit the right shuffle forward counts 7&8 and replace with walk forward R & L 7-8

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