

Country Girls

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Improver
编舞者: Adia Nuno (USA) & Brittany Cherry (USA) - June 2025
音乐: Country Girls (Run the World) - Annie Vosco



Intro: 16 counts, Start on lyrics

[1-8] CROSS HEEL POINT - SIDE HEEL POINT- SAILOR STEP (repeat)

- 1, 2 (1) Cross Point RL over left (heel down), (2) Point RL out towards 2:00 (heel down)
- 3&4 (3) Step RF behind LF, (&) Step LF to L side, (4) Step RF to R side (taking weight)
- 5, 6 (5) Cross Point LL over right (heel down), (6) Point LL out towards 10:00
- 7&8 (7) Step LF behind RF, (&) Step RF to R side, (8) Step LF to L side

[9-16] CROSS - ½ PIVOT - RIGHT HAND TO HIP- LEFT HAND TO HIP- HIP ROLL

- 1, 2 (1) Cross RF over L (RF takes weight) (2) ½ pivot over L shoulder (to face 6:00)
- 3,4 (3) R Hand to R hip (4) L Hand to L Hip
- 5,6,7,8 (5-8) Circle hips counter clockwise, end with weight on LF on count 8

[17-24] STEP - HITCH - TRIPLE - ROCK - RECOVER - STEP - PIVOT

- 1, 2 (1) Step RF forward (2) Hitch LF behind R knee, take R hand and "tip your hat" to the front (turning over L shoulder)
- 3&4 (3) Step LF back (&) Step RF beside LF (4) Step LF back
- 5,6 (5) Rock RF back (6) Recover weight to LF
- 7, 8 (7) Step RF forward (8) ¼ turn over L shoulder, LF takes weight (facing 3:00)

Optional style note count (5): Rainbow R arm from front to back, snapping while looking over R shoulder to the front

[25-32]: POINT RIGHT - POINT LEFT - POINT RIGHT -KNEE HITCH - CROSS - OUT - HIP ROLLS x2

- 1&2& (1) Point RF out to R side (&) Step RF next to LF (2) Point LF out to L side (&) Step LF next to RF
- 3,4 (3) Point RF to R side (4) Hitch R knee towards L while L hand slaps the knee
- 5,6 (5) Cross RF over L, RF taking weight (6) Step LF out to L side
- 7,8 (7) Roll hips to the L and complete circle, R arm makes "lasso" motion (8) repeat (LF take weight)

Have so much fun and dance All Out, Your Way!
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