Choose Your Fighter (Improver)



编舞者: Michelle Chen (TW) - June 2025 音乐: Choose Your Fighter - Ava Max



Introduction: (8*4+4) counts

Start Foot : Right(RF)
Bridge/Tag : None
ReStart : None

Itr Section : (8*4+4) counts Itr1 & Itr2: STANDBY

1-8 (Starting at 12:00)Standby in place

Itr3: SLIDE-DRAG R-L

1 2 3 4 Slide RF w/ big step to Rside, Drag LF toward slowly 5 6 7 8 Slide LF w/ big step to Lside, Drag RF toward slowly

Itr4: PRISSY WALK & HOLD R/L, JUMP OUT-OUT, HOLD

1 2 3 4 Step RF by Prissy Fwrd, Hold, Step LF by Prissy Fwrd, Hold &5 6 7 8 Jump RF Rsid & Jump LF Lsid, Hold 3 counts(Stay weight on LF)

Itr5: TAP, HOLD, HITCH, HOLD

1 2 3 4 Tap RF Fwrd, Hold, Hitch RF, Hold

Main Section: 8 counts * 4

S1: R&R, KICK-BALL-CROSS, SIDE-HOLD-BALL-SIDE-POINT

1 2 (12:00) Rock RF Cross Behind LF, Recover back to LF3&4 Kick RF Fwrd, Ball RF Together, Step LF Cross Over LF

5 6& 7 8 Step RF Rsid, Hold, Ball LF Together, Step RF Rsid, Point LF Lsid

S2: ROLLING FULL TURN VINE W/BRUSH, CROSS-BACK, HIP SWAY R-L

1 2 3 4 Make LF 3 Stepping Turns by 1/4TL(03:00)-1/2TL(09:00)-1/4TL(12:00), Brush RF Fwrd

5 6 Step RF Cross Over LF, Step LF Bwrd

7 8 Sway Hip to Rsid-Lsid

S3: BEHIND-SIDE-CROSS, R&R, 1/4TL SAILOR, HEEL SWIVEL IN-OUT-IN

1&2 Step RF Cross Behind LF, Step LF Lsid, Step RF Cross Over LF

3 4 Rock LF Lsid, Recover back to RF

5&6 Make 1/4TL(09:00) and Sweep LF Cross Behind Over RF, Step RF Rsid, Step LF Cross

Over RF

7&8 Tap RF Diag Rsid and Swivel In-Out-In

S4: 1/4TR GRAPEVINE, 1/2TR PIVOT TURN, STEP FWRD, R&R W/HITCH

1 2 3 Step RF Rsid, Step LF Cross Behind RF, Make 1/4TR(12:00) and Step RF Fwrd

4 5 6 Step LF Fwrd, Make 1/4TR(06:00) Pivot Turn, Step LF Fwrd again
 7 8 Rock RF Fwrd, Recover weight back to LF with slightly Hitch RF

Note: (1-6) Syncopated Cruisin' Vine

Notes for abbr.

RF(Right Foot) / LF(Left Foot)

Fwrd(forward) / Bwrd(backword) / Rsid(right side) / Lsid(left side)

Diag (diagonal)

TR(make a RightTurn) / TL(make a Left Turn)

Contact:

If there is any question or suggestion, please don't hesitate to contact. Thanks a lot. Hope you like it.

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