

Chan Fu Remix 25 (换扶)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: High Beginner
编舞者: LUHA (INA) - June 2025
音乐: #换扶 #Chanfu #马健涛 Ma jian tao Remix by DJ Licky Liu feat. MTJUNG STARS



No Tag - No Restart

Intro: 64 Counts

Sec 1. FWD POINT (R L R L)

- 1-2 Step fwd on R, point L to left side
- 3-4 Step fwd on L, point R to right side
- 5-6 Step fwd on R, point L to left side
- 7-8 Step fwd on L, point R to right side

Sec 2. BACKWARD RLR CLOSE, SWAY RLRL

- 1-2 Step back on R, step back on L
- 3-4 Step back on R, step L beside R
- 5-6 Step R to right side with sway hips to right, Sway hips to left
- 7-8 Sway hips to right, sway hips to left

Sec 3. STEP SIDE, CROSS, SIDE, KICK (R L)

- 1-2 Step R to right side, Cross L over R
- 3-4 Step R to right side, kick L to left diagonal
- 5-6 Step L to left side, cross R over L
- 7-8 Step L to left side, kick R to right diagonal

Option sec 3 : SIDE, TOGETHER, SIDE, TOUCH (R L)

- 1-2 Step R to right side, step L beside R
- 3-4 Step R to right side, touch L beside R
- 5-6 Step L to left side, step R beside L
- 7-8 Step L to left side, touch R beside L

Sec 4 RUMBA BOX BACKWARD W/SCUFF

- 1-2 Step R to right side, step L beside R
- 3-4 Step back on R, touch L beside R
- 5-6 Step L to left side, step R beside L
- 7-8 Step fwd on L, scuff R heel

Sec 5. TOE STRUT RL, MONTEREY 1/4 TURN

- 1-2 Touch R toe fwd, drop heel R in place
- 3-4 Touch L toe fwd, drop heel L in place
- 5-6 Point R to right side, 1/4 turn right close R to L (03.00)
- 7-8 Point L to left side, step L beside R

Sec 6. TOUCH FWD, STEP BESIDE, JAZZBOX 1/4 TURN

- 1-2 Touch R toe fwd, step R beside L
- 3-4 Touch L toe fwd, step L beside R
- 5-6 Cross R over L, 1/4 turn right back on L (06.00)
- 7-8 Step R to right side, step L forward

Sec 7. K STEP

- 1-2 Step fwd on R to right diagonal, touch L beside R

3-4	Step back on L to centre, touch R beside L
5-6	Step back in R to right back diagonal, touch L beside R
7-8	step fwd on L to centre, touch R beside L

Sec 8. V STEP, BALL OUT OUT, HOLD, HIP BUMP RL

1-2	Step fwd on R to right diagonal, setep fwd on L to left diagonal
3-4	Step back on R to centre, step L beside R
&5-6	Step R to right side, step L to left side, hold
7-8	Bump hip to right, bump hip to left
