

I'm Goochie

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 1 级数: Beginner
编舞者: Darria "Lady D" Thomas (USA) - June 2025
音乐: I'm Gooche - Shonn Hinton



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

PART 1: 8 COUNTS

HIP ROCKS RIGHT, LEFT, QUARTER LEFT TURN SIDE ROCKS

1 2 3 4 In place rock hips right for 2 counts, left for 2 counts

5 6 7 8 Make quarter turn left swinging hips/stepping right, left, right, left

REPEAT PART 1 THREE MORE TIMES TO RETURN TO FRONT WALL

PART 2: 8 COUNTS

CHA CHAS FORWARD ENDING WITH ROCK STEP, BACKWARD ENDING WITH ROCK STEP

1&2 3 4 Step forward on right, left, right then rock forward on left, recover on right

5&6 7 8 Step back on left, right, left then rock back on right, recover on left

REPEAT PART 2

PART 3 8 COUNTS

SIDE STEPS RIGHT, LEFT

1 2 3 4 Step to right on right, step left together, repeat

5 6 7 8 Step to left on left, right together, repeat

REPEAT PART 3

PART 4: 16 COUNTS

BACK HIP BUMPS

1 2 3 4 Step back on right foot and hold for 2 counts doing hip bumps, repeat

5 6 7 8 Step back on left foot and hold for 2 counts doing hip bumps, repeat

WIZARD STEPS FORWARD

1 2& Step forward at an angle on right, followed by left, right

3 4& Step forward at an angle on left, followed by right, left

5 6 7 8 Standing in place rock hips to right, left, right, left

REPEAT PART 4

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com