

Espresso Macchiato

COPPER KNOB
STEPSHEETS

拍数: 112 墙数: 1 级数: Phrased High Improver
编舞者: Laura Bartolomei (FR) & Pim van Grootel (NL) - May 2025
音乐: Espresso Macchiato - Tommy Cash



Intro: 36 counts (start after the pause in the music)

Phrasing : A-B-Tag1-C-A-B-Tag2-C-B-B

A: 32c

[1 – 8] Cross, Hold, Rock step, Cross, Hold, Rock step

1 – 2 Cross RF over LF, Hold 12:00
3 – 4 Rock LF to L, Recover on RF 12:00
5 – 6 Cross LF over RF, Hold 12:00
7 – 8 Rock RF to R, Recover on LF 12:00

[9 – 16] Cross, Back, Extended weave

1 – 2 Cross RF over LF, Step LF back 12:00
3 – 4 Step RF to R, Cross LF over RF 12:00
5 – 6 Step RF to R, Cross LF behind RF 12:00
7 – 8 Step RF to R, Cross LF over RF 12:00

[17 – 24] Scissor step hold 2x

1 – 2 Step RF to R, Close LF together with RF 12:00
3 – 4 Cross RF over LF, Hold 12:00
5 – 6 Step LF to L, Close RF together with LF 12:00
7 – 8 Cross LF over RF, Hold 12:00

[25 – 32] Step turn 2x, Together with arms

1 – 2 Step RF forward (1), Turn $\frac{1}{2}$ L finishing weight on LF 6:00
3 – 4 Step RF forward (1), Turn $\frac{1}{2}$ L finishing weight on LF 12:00
5 6 7 8 Close RF together with LF, Hold (counts 6 7 8) 12:00

Arms Both arms going from the sides to above the head (counts 6 7 8) 12:00

B: 32c

[1 – 8] Heel 2x, Weave, Heel 2x, Weave

1 – 2 Dig RF heel in R diagonal, Repeat 12:00
3 & 4 Cross RF behind LF, Step LF to L, Cross RF over LF 12:00
5 – 6 Dig LF heel in L diagonal, Repeat 12:00
7 & 8 Cross LF behind RF, Step RF to R, Cross LF over RF 12:00

[9 – 16] Charleston step, $\frac{1}{4}$ step, Full turn ball crosses

1 – 2 Touch RF forward, Step RF back 12:00
3 – 4 Touch LF back, Step LF forward 12:00
5 & 6 Step RF forward making $\frac{1}{4}$ turn R, Step LF on ball together with RF, Cross RF over LF making $\frac{1}{4}$ R 6:00
& 7 Step LF on ball together with RF, Cross RF over LF making $\frac{1}{4}$ R 9:00
& 8 Step LF on ball together with RF, Cross RF over LF making $\frac{1}{4}$ R 12:00

[17 – 24] Slide in diagonal, Close, Knee pop 2x, Slide in diagonal, Close, Knee pop 2x

1 – 2 Big step LF in L diagonal, Close RF together with LF 12:00
3 – 4 Make two knee pops 12:00
5 – 6 Big step RF in R diagonal, Close LF together with RF 12:00

7 – 8 Make two knee pops 12:00

[25 – 32] Cross, Point, Cross, Kick, Cross, Unwind

1 – 2 Cross RF over LF, Touch LF to L 12:00
3 – 4 Cross LF over RF, Kick RF to R 12:00
5678 Cross RF over LF, Unwind full turn L (678) 12:00

C: 48c

[1 – 8] Diagonal Walk 2x, Triple step, Diagonal walk 2x, Triple step

1 – 2 Step RF forward in R diagonal, Step LF forward in R diagonal 1:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L
3&4 Step RF forward in R diagonal, Step LF together with RF, Step RF forward in R diagonal 1:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L, Turn both hands to R
5 – 6 Turn ¼ to face L diagonal Step LF forward, Step RF forward 10:30
Arms Both hands up, palms facing down, Turn both hands to L, Turn both hands to R
7&8 Step LF forward, Step RF together with LF, Step LF forward 10:30
Arms Both hands up, palms facing down, Turn both hands to L, Turn both hands to R, Turn both hands to L

[9 – 16] ½ turn Diagonal Walk 2x, Triple step, Rockstep, Cross shuffle

1 – 2 Turn ½ Step RF forward in R diagonal, Step LF forward in R diagonal 4:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L
3&4 Step RF forward in R diagonal, Step LF together with RF, Step RF forward in R diagonal 4:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L, Turn both hands to R
5 – 6 Rock LF to L turning 1/8 R, Recover on RF 6:00
7&8 Cross LF over RF, Step RF to R, Cross LF over RF 6:00

[17 – 24] Diagonal Walk 2x, Triple step, Diagonal walk 2x, Triple step

1 – 2 Step RF forward in R diagonal, Step LF forward in R diagonal 7:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L
3&4 Step RF forward in R diagonal, Step LF together with RF, Step RF forward in R diagonal 7:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L, Turn both hands to R
5 – 6 Turn ¼ to face L diagonal Step LF forward, Step RF forward 4:30
Arms Both hands up, palms facing down, Turn both hands to L, Turn both hands to R
7&8 Step LF forward, Step RF together with LF, Step LF forward 4:30
Arms Both hands up, palms facing down, Turn both hands to L, Turn both hands to R, Turn both hands to L

[25 – 32] ½ turn Diagonal Walk 2x, Triple step, Rockstep, Cross shuffle

1 – 2 Turn ½ Step RF forward in R diagonal, Step LF forward in R diagonal 10:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L
3&4 Step RF forward in R diagonal, Step LF together with RF, Step RF forward in R diagonal 10:30
Arms Both hands up, palms facing down, Turn both hands to R, Turn both hands to L, Turn both hands to R
5 – 6 Rock LF to L turning 1/8 R, Recover on RF 12:00
7&8 Cross LF over RF, Step RF to R, Cross LF over RF 12:00

[33 – 40] Touch, Kick, Weave, Touch, Kick, Weave

1 – 2 Touch RF next to LF, Kick RF to R 12:00
3&4 Cross RF behind LF, Step L to L, Cross RF over LF 12:00
5 – 6 Touch LF next to RF, Kick LF to L 12:00
7&8 Cross LF behind RF, Step RF to R, Cross LF over RF 12:00

[41– 48] Stomp, Hold, Stomp, Hold, 4x walks in circle

1– 2 Stomp RF in R diagonal, Hold 12:00
3–4 Stomp LF in L diagonal, Hold 12:00
5678 Make a full circle walking RF-LF-RF-LF 12:00

TAG1

[1-8] Jazzbox 1/4 2x

1-2	Cross RF over LF, Turn ¼ R stepping LF back	03:00
3-4	Step RF to R, Cross LF over RF	03:00
5-6	Cross RF over LF, Turn ¼ R stepping LF back	06:00
7-8	Step RF to R, Cross LF over RF	06:00

[9-16] Jazzbox 1/4 2x

1-2	Cross RF over LF, Turn ¼ R stepping LF back	09:00
3-4	Step RF to R, Cross LF over RF	09:00
5-6	Cross RF over LF, Turn ¼ R stepping LF back	12:00
7-8	Step RF to R, Cross LF over RF	12:00

TAG2

[1-4] Jazzbox

1-2	Cross RF over LF, Step LF back	12:00
3-4	Step RF to R, Cross LF over RF	12:00

ENJOY & CIAO !
