Happy Song



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Daisy Simons (BEL) - June 2025 音乐: Dancing in the sun - Mister P



No tags or restarts!

Intro: 16 counts. Start on vocals.

Section 1: SIDE, TOUCH, SIDE, TOUCH, 1/2 RUMBA BOX FWD, SIDE, TOUCH, SIDE, TOUCH, 1/2 RUMBA BOX FWD

1&2& Step R to right side, touch L toe to left side, step L down, touch R toe to right side

3&4 Step R to right side, step L next to R, step R forward

5&6& Step L to left side, touch R toe to right side, step R down, touch L toe to left side

7&8 Step L to left side, step R next to L, step L forward

Section 2: MAMBO FWD, MAMBO BACK, PADDLE 1/8 TURN x2, CROSS SHUFFLE

Rock R forward, recover weight on to L, step R back Rock L back, recover weight on to R, step L forward

Touch R toe forward, recover weight on to L making 1/8 turn left
Touch R toe forward, recover weight on to L making 1/8 turn left (9:00)

7&8 Cross R over L, step L to left side, cross R over L

Section 3: SIDE, ROCK BACK, RECOVER, SIDE, ROCK BACK, RECOVER, SHUFFLE FWD, MAMBO FWD

1-2& Step L to left side, rock R behind L, recover weight on to L3-4& Step R to right side, rock L behind R, recover weight on to R

5&6 Step L forward, step R next to L, step L forward7&8 Rock R forward, recover weight on to L, step R back

Section 4: BACK, 1/4 TURN R, CROSS, SHUFFLE 1/4 TURN R FWD, SHUFFLE 1/2 TURN R, SWAY BACK

Step L back, step R ¼ turn left, cross L over R (facing 1:30)

Step R ¼ turn right, step L next to R, step R forward (3:00)

5&6 Step L ¼ turn right, step R next to L, step L ¼ turn right back (9:00)

7-8 Rock R back and sway hips back, recover weight on to L and sway hips forward

Start again.

Ending: in wall 8 dance the first 6& counts of section 1, make 1/4 turn left and shuffle forward (12:00)

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