Hai Bian Tan Ge



拍数: 32 墙数: 4 级数: Improver

编舞者: Mimie Budiman (INA) - June 2025

音乐: Hai Bian Tan Ge (海边探戈) - Dylan Wang, WatchMe (王齐铭) & Pu Sha (朴鲨)



Intro: 32 counts

Section 1 : Walk RL	- Twist to R - Walk	LR - Twist to L
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1-2 Step Rf forward, Followed by Lf

3&4 Twist both Heels to R, Twist both Toes to R, Twist both Heels to R

5-6 Step Lf forward, Followed by Rf

7&8 Twist both Heels to L, Twist both Toes to L, Twist both Heels to L

Section 2: 1/4R Side - Together - 1/2L Side - Together - Bump RLR - Bump LRL

Turn 1/4 to R with Big Step Rf to R (Facing 03.00), Close Lf next to Rf
Turn 1/2 to L with Big Step Lf to L (Facing 09.00), Close Rf next to Lf

5&6 Step Rf behind Lf with Hip Bump, Step Lf in Place with Hip Bump, Step Rf in Place with Hip

Bump

7&8 Step Lf behind Rf with Hip Bump, Step Rf in Place with Hip Bump, Step Lf in Place with Hip

Bump

Section 3: Switches RLRL - 1/8 Reverse Chug 2x - 1/4 Reverse Chug - Close

1&2& Point Rf to R side, Close Rf next to Lf, Point Lf to L side, Close Lf next to Rf

3&4 Point Rf to R side, Close Rf next to Lf, Point Lf to L side

5&6& (Turn 1/8L Pressing L toe to L, Recover weight on Rf) 2x (Facing 06.00)

7&8 Turn 1/4L Pressing L toe to L, Recover weight on Rf, Close Lf next to Rf (Facing 03.00)

Section 4: (Push Hip Diagonal Forward Backward) 2x - Walk Back with Grind Heel - Close

1-2 Step Rf Diagonal R n Slightly Push Hip Forward, Step Lf in Place n Slightly Push Hip

Backward

3-4 Step Rf in Place n Slightly Push Hip Forward, Step Lf in Place n Slightly Push Hip Backward

5-6 Step Rf behind Lf n Grind L Heel, Step Lf behind Rf n Grind R Heel

7-8 Step Rf behind Lf n Grind L Heel, Close Lf next to Rf

Repeat again

Thank You n Enjoy the Dance

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