

Adore U

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lyndsay Eotvos (AUS) - June 2025
音乐: adore u - Fred again.. & Obongjayar



Intro: 8 counts after the second "I adore you" in lyrics.
No Tags / Restarts

Section 1: Rocking Chair, Forward Shuffle, ½ Pivot (6:00)

- 1-2 Rock forward on right, recover on left
- 3-4 Rock back on right, recover on left
- 5&6 Shuffle forward right-left-right
- 7-8 Step left forward, pivot ½ turn right (face 6:00)

Section 2: Step Kick, Step Back & Tap, Shuffle Forward, ½ Pivot (12:00)

- 1-2 Step forward on left, kick right leg forward
- 3-4 Step back on right, tap left toe behind with right hand
- 5&6 Shuffle forward left-right-left
- 7-8 Step right forward, pivot ½ turn left (face 12:00)

Section 3: Weave Left, Rock & Recover, Lindy Right

- 1-2 Cross right over left, step left to left side
- 3-4 Step right behind left, step left to left side
- 5-6 Rock right over left, recover on left
- 7&8 Side shuffle right-left-right

Section 4: ¾ Pivot (to 9:00), Cross Steps with Toe Points x3

- 1-2 Cross left over right and make a ¾ pivot turn right (face 9:00)
- 3-4 Step left foot forward, point right toe to right side
- 5-6 Step right foot forward, point left toe to left side
- 7-8 Step left foot forward, point right toe to right side

***Repeat**
