

Blowin' Smoke

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Easy Intermediate
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音乐: Blowin' Smoke - Teddy Swims



#8 Count Intro, Start On Lyrics, Track Length 3.20
(No Tags No Restarts)

S1 R.L.R, L Lock Step, Rock Replace, Shuffle 1/2 R

1.2.3 Walk forward R.L.R (walk with attitude) 12
4&5 Step L forward, Lock R behind L, Step L forward (angle body R) 12
6.7 Rock forward R, Replace weight back on L 12
8&1 Shuffle 1/2 R R.L.R 6

S2 1/4 R Side Rock, Behind Side Cross, Touch Out Forward, Sailor 1/4

2.3 1/4 R rock L out to L, Replace weight back on R 9
4&5 Cross L behind R, Step R to R, Cross L over R 9
6.7 Point (or touch) R toe forward, Point (or touch) R out to R 9
8&1 Sailor 1/4 R (come forward on R) 12

S3 Step Slide Touch, Step Slide Touch, Rock Replace 3/4 L

2.3 Step L & angle L, Slide R to L & touch 11
4.5 Step R & angle R, Slide L to R & touch 1
6.7 Rock forward L, Replace weight back on R 12
8&1 3 1/4 Turn L L.R.L 3

S4 Rock Replace, R Back Lock, L Back Lock, R Back Together, Touch

2.3 Rock R forward, Replace weight back on L 3
4&5 Step R back, Cross lock L in front of R, Step R back 3
6&7 Step L back, Cross lock R in front of L, Step L back 3
8&1 Step R back (8) Bring L to R (&) Touch R next to L (1) 3
(on counts 4&5 - 6&7 try angling your body R&L to ease the steps)

S5 Side Rock, Sailor 1/4 Step Forward R, Hold & Step, Mambo Step

2.3 Rock R out to R, Replace weight back on L 3
4&5 Sailor 1/4 R (step forward on R) 6
6&7 Hold (6) Bring L to R (&) Step R forward (7) 6
8&1 Rock L forward, Replace weight back on R, Step L back 6

S6 Touch Back, Unwind 1/2 R, Step Pivot 1/2 R, Step Sweep 1/4 L, Touch

2.3 Touch R toe back, Unwind 1/2 R step forward R 12
4.5 Step forward L, Pivot 1/2 R (weight on R) 6
6.7 Step forward L (6) Start to sweep R (7) (slow) 6
8.1 Continue to Sweep R 1/4 L (8) Touch R to L (1) 3

S7 1/4 Monterey R, Side Rock Cross, 1/4 Monterey, Side Rock Together

2.3 Touch R out to R, 1/4 R bring R to L 6
4&5 Rock L out to L, Replace weight back on R, Cross L over R 6
6.7 Touch R out to R, 1/4 R bring R to L 9
8&1 Rock L out to L, Replace weight back on R, Bring L to R (weight on L) 9

S8 Rocking Chair, Pivot 1/4 L, Touch

2.3 Rock forward R, Replace weight back on L 9

4.5 Rock back on R, Replace weight back on L 9
6.7.8 Step forward R, Pivot 1/4 L (weight on L) Touch R to L 6
