

Adieu LD

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 1 级数: Improver
编舞者: Sharnette Bostic (USA) & Chris Blues (USA) - June 2025
音乐: Adieu - Trina Broussard



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

PART 1: 16 COUNTS

BACK ROCK, FORWARD CHA, ROCK, RECOVER, BACK STEP OU

1 2 3&4 Step back on right, recover on left, cha cha forward right, left, right
5&6 7&8 Rock up on left, recover right, back step left, right, point left to side

SIDE STEP STEPS, BACK ROCK, TRIPLE STEP QUARTER LEFT TURN, FORWARD TAP

1&2 3&4 Cross left in front of right, recover on right, step on left, right cross front, step left, right
5 6 7&8& Rock back on left, recover on right, make quarter left turn stepping left, right, left, tap right forward

REPEAT PART 1 THREE MORE TIMES TO RETURN TO FRONT WALL

PART 2: 16 COUNTS

RIGHT TAP, LEFT TAP SLIDE, BACK ROCK, SLIDE, REPEAT AND QUARTER TURN LEFT, TRIPLE FORWARD

1 2 3&4 Step to right, tap left to right, step to left, tap right, step right to right, slide left in
5&6 Rock left behind right, recover on right, step left to left, slide right in making quarter left turn
7&8 Triple step forward right, left, right

TRIPLE STEP TAP/KICK, LEFT RIGHT LEFT, THREE QUARTER TURN RIGHT, RIGHT LEFT

1&2& 3&4 Step in place right, left, right, tap/kick left foot forward, step in place left, right, left
5&6 7 8 Step in place right, left, right, make three quarter turn right stepping right, left

REPEAT PART 2 ONE MORE TIME TO RETURN TO FRONT

REPEAT ALL OF PART 1

REPEAT PART 2 FOUR TIMES

BRIDGE: 16 COUNTS

STEP TAP, SYNCHOPATED SIDE STEP ROCKS, SINGLE SIDE ROCKS

1 2 3&4 Step right, tap left to right, rock in place to left right left
5 6 7 8 /Side rocks right, left, right, left

REPEAT ABOVE 8 COUNTS

REPEAT PART 2 TILL END OF SONG

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com