

Comin' in Cold & Calm

COPPER **NOB**
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Korek (USA) - 9 June 2025
音乐: Comin' In Cold - Bailey Zimmerman
或: Calm Down - Rema



Alternate Music: Calm Down – Rema
(11 February 2022) Intro: 16 counts, bpm=107

Intro: 32 counts

Section 1 (ROCK, 1/4 TURN RIGHT SHUFFLE FWD, ROCK, 1/4 TURN LEFT SHUFFLE FWD)

1-2 Rock R forward, recover L
3&4 1/4 turn right shuffle fwd RLR (3:00)
5-6 Rock L forward, recover R
7&8 1/4 turn left shuffle fwd LRL (12:00)

Section 2 (LINDY RIGHT, LINDY LEFT)

1&2 Step R to right side, shuffle L beside R, step R to right side
3-4 Rock L behind R, recover R
5&6 Step L to left side, shuffle R beside L, step L to left side
3-4 Rock R behind L, recover L

Section 3 (PADDLE 1/8 TURN LEFT TWICE, JAZZ BOX IN PLACE)

1-2 Step R forward, 1/8 turn left
3-4 Step R forward, 1/8 turn left (9:00)
5-6 Cross R over L, step L back
7-8 Step R to right, step L beside R

Section 4 (VINE CROSS, SIDE ROCK, BACK ROCK)

1-2 Step R right, step L behind R
3-4 Step R right, cross step L over R
5-6 Rock R right, recover L
7-8 Rock R back, recover L

Contact: suekorek@gmail.com

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