## Roman Numeral VII



拍数: 64 墙数: 4 级数: Intermediate

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音乐: luther - Kendrick Lamar & SZA



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. This dance has one tag and two other tags/restarts.

### PART 1 ('FULL DANCE") 32 COUNTS GRAPEVINE RIGHT, TAP, UP, BACK, OUT, IN

1 2 3 4 Step on right to right, step on left behind, step on right, tap left beside right

5 6 7 8 Tap left foot forward, tap left back, tap left to side, tap left home

### GRAPEVINE LEFT, UP (QUARTER TURN LEFT), DOWN, ROCK BACK

1 2 3 4 Step on left to left, step on right behind, step on left, step forward up on ball of right foot 5 6 Make quarter left turn on right foot which up on ball of foot from count 4, lower foot on count 6

7 8 Rock back on left foot, recover on right foot

### UP AND BACK, LOCK IT LEFT, RIGHT, LEFT

1 2 3 4 Left forward, recover right, left back, recover right 5 6 7 8 Walk forward lock steps left, right, left (pause on 8)

#### UP AND BACK, RIGHT OUT AND IN

1 2 3 4 Right forward, recover left, right back, recover left 5 6 7 8 Rock right foot to right for 5 6, recover on left for 7 8

#### TAG 1: 16 COUNTS

# This tag is only done once at the beginning of the dance FOUR QUARTER PADDLE LEFT TURNS

Step on right foot making quarter turn left, recover on left Step on right foot making quarter turn left, recover on left

REPEAT COUNTS 1-8 EXCEPT LAST TWO STEPS ARE QUICK 1 COUNT PADDLE STEPS

# REPEAT PART 1 TWO TIMES TAG 2/RESTART 16 COUNTS

### GRAPEVINE RIGHT, TAP, UP, BACK, OUT, IN

1 2 3 4 Step on right to right, step on left behind, step on right, tap left beside right

Tap left foot forward, tap left back, tap left to side, tap left home

# GRAPEVINE LEFT, RIGHT, LEFT, UP (QUARTER TURN LEFT), DOWN, LEFT FOOT BEHIND RIGHT FOOT FOR HALF LEFT TURN

1 2 3 4 Step on left to left, step on right behind, step on left, step forward on ball of right foot

5 6 7 8 Make quarter turn to left, lower foot on 6, place ball of left foot behind right, pivot half left turn

#### REPEAT PART 1 ENDING WITH DOUBLE HIP BOUNCES

REPEAT PART 1 TAG 2/RESTART

**REPEAT PART 1 THREE TIMES** 

REPEAT PART 1 ENDING WITH DOUBLE HIP BOUNCES

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