

Proud of Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2
编舞者: Ria Vos (NL) - June 2025
音乐: Proud of Me - Jack Curley

级数: Intermediate NC2S



Intro: 8 Counts

Rock Back, ½ L, ½ L w/Sweep, Weave w/Sweep, Behind, Side, 1/8 R Rock Fwd, ¼ R Sway-Sway, ¼ R Hitch

- 1-2& Rock Back on R, Recover on L, ½ Turn L Step Back on R (6:00)
- 3 ½ Turn L Step Fwd on L Sweeping R (12:00)
- 4&5 Cross R Over L, Step L to L Side, Step R Behind R Sweeping L Front to Back
- 6&7 Step L Behind R, Step R to R Side, 1/8 Turn R Rock/Step Fwd on L (1:30)
- 8&1 ¼ Turn R Sway R to R Side, Sway L, ¼ Turn R Step Fwd on R Hitching L (7:30)

Full Turn R, Rock w/Hook, Run Around w/Hitch ½ L, 1/8 L Run x2, Rock Fwd

- 2& ½ Turn R Step Back on L, ½ Turn R Step Fwd on R (7:30)
- 3-4 Rock Fwd on L, Recover on R Hooking L Across R (Look R)
- 5&6 'Run' Around in an Arc ½ Turn L Stepping L-R-L Hitching R (1:30)
- 7& 1/8 L Step Fwd on R, Step Fwd on L (12:00)
- 8& Rock Fwd on R, Recover on L ***Restart Point

Back Sweep, Back Sweep, ¼ R Touch, ¼ L, Weave in an Arc ½ L, Rock Back

- 1-2 Step Back on R Sweeping L, Step Back on L Sweeping R
- &3 ¼ Turn R Step R to R Side, Touch L Next to R Dipping Down (3:00)
- 4& ¼ L Step Fwd on L, ¼ L Step R to R Side (9:00)
- 5&6 Step L Behind R 1/8 L, Step R to R Side, Cross L Over R
- &7-8 1/8 L Step R to R Side, Cross Rock Back on L, Recover on R (6:00)

(&) Behind, Unwind R, Side, 1/8 R Together, Lock Step, Cross, Tap, Sweep, Run Back

- &1-2 Step L Small Step to L Side, Touch R Behind L, Unwind Full Turn R (weight R)
- &3 Step L to L Side, 1/8 R Step R Next to L (7:30)
- 4&5 Step Fwd on L, Lock R Behind L, Step Fwd on L Sweeping R 1/8 L (6:00)
- 6&7 Cross R Over L, Tap L Behind R, Recover on L Sweeping R Front to Back
- 8& 'Run' Back R, 'Run' Back L (6:00)

Tag 1: 4 Counts After Wall 1 (6:00)

Rock Back, ½ L Rock Back, ½ R

- 1-2& Rock Back on R, Recover on L, ½ Turn L Step Back on R
- 3-4& Rock Back on L, Recover on R (Smile ☺), ½ Turn R Step Back on L

Tag 2: 8 Counts After Wall 2 (12:00)

Rock Back, ½ L Rock Back, Full Turn R, Step Pivot ½ R Step, Fwd, Together

- 1-2& Rock Back on R, Recover on L, ½ Turn L Step Back on R
- 3-4 Rock Back on L, Recover on R
- &5 ½ Turn R Step Back on L, ½ Turn R Step Fwd on R
- 6&7 Step Fwd on L, Pivot ½ Turn R, Step Fwd on L
- 8& Step Fwd on R, Step L Next to R

Restart: After 16& Counts On Wall 5 (12:00)

Last Update: 11 Jun 2025

