

Am I Ok... With the the Basics?

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数:
编舞者: Jaimi Krummen (USA) - June 2025
音乐: Am I Ok? - Megan Moroney
或: The Way I Talk - Morgan Wallen
或: Drink With You - Brett Young



No Tags 1 Restart

Music: Am I Ok, Megan Maroney

RHUMBA BOX

1-2 Step Rf to R side, step Lf next to R
3-4 Step Rf forward, touch Lf next to R
5-6 Step Lf to L side, step Rf next to L
7-8 Step Lf backward, touch Rf next to L

LINDY RIGHT, LINDY LEFT

1&2 Side Shuffle RLR
3-4 Cross-rock Lf behind right, Recover Rf
5&6 Side Shuffle LRL
7-8 Cross-rock Rf behind left, Recover Lf

***Restart here on Wall 5, facing 12:00.**

ROCKING CHAIR, 1/4 JAZZ CROSS

1-2 Rock Rf forward, Recover Lf
3-4 Rock Rf backward, Recover Lf
5-6 Cross Rf over Lf, Step Lf back
7-8 1/4 turn stepping Rf, step Lf over Rf

K STEP (with or without claps)

1-2 Step Rf to right diagonal forward, touch Lf
3-4 Step Lf left diagonal back, touch Rf
5-6 Step Rf to right diagonal backward, touch Lf
7-8 Step Lf left diagonal forward, touch Rf

Other songs that work:

The Way I Talk, by Morgan Wallen

Drink With You, by The Way I Talk,
