It's Not the End



编舞者: Sabine Barbara (DE) - June 2025 音乐: End of the World - Miley Cyrus



Intro: Start after vocals (approx. 8 counts)

Sequence: A, B, C – A, B, C – A, A (16 Counts, to 2:00) – C, C, Tag (from 2:34) – B, C (16 counts) – Restart A (from 3:14)

PART A - 24 counts

[1-8] Side Step Touches, Side Triple, V-Step x2

1–2 Step R to right side, touch L beside R3–4 Step L to left side, touch R beside L

5&6 Step R to side, step L beside R, step R to side 7–10 Step out R-L, step in R-L (V-Step), repeat

[11-16] Side Step Touches, Side Triple

11–12 Step L to left side, touch R beside L13–14 Step R to right side, touch L beside R

15&16 Step L to side, step R beside L, step L to side

[17-24] Jazz Box 1/4 Turn Right, Kick Steps

17–20 Cross R over L, step L back, turn 1/4 right stepping R to side, step L beside R

21–22 Kick R forward, step R down 23–24 Kick L forward, step L down

PART B - 32 counts

[1-8] Zig-Zag Weave Right

1–2 Step R to side, cross L behind R
3–4 Step R to side, cross L over R
5–6 Step R to side, cross L behind R
7–8 Step R to side, step L beside R

[9-16] Rock Steps, Knee Lift

9–10 Rock forward on R, recover on L
11–12 Rock back on R, recover on L
13–14 Rock R to right side, recover on L

15–16 Lift R knee, step R down

[17-24] Zig-Zag Weave Left

17–18 Step L to side, cross R behind L
19–20 Step L to side, cross R over L
21–22 Step L to side, cross R behind L
23–24 Step L to side, step R beside L

[25-32] Rock Steps, Knee Lift

25–26 Rock forward on L, recover on R 27–28 Rock back on L, recover on R 29–30 Rock L to left side, recover on R

31–32 Lift L knee, step L down

PART C - 32 counts

[1-8] Walk Forward & Back with Taps

1–4 Walk forward R-L-R, tap L beside R5–8 Walk back L-R-L, tap R beside L

[9-16] Shuffles Forward, 1/2 Turn Left

9&10	Shuffle forward R-L-R
11&12	Shuffle forward L-R-L
13&14	Shuffle forward R-L-R

15–16 Step L forward, turn 1/2 left stepping R beside L

[17-24] Shuffles Forward, 1/2 Turn Right

17&18	Shuffle forward L-R-L
19&20	Shuffle forward R-L-R
21&22	Shuffle forward L-R-L

23–24 Step R forward, turn 1/2 right stepping L beside R

[25-32] Rocking Chair x2

25–26	Rock forward on R, recover on L
27–28	Rock back on R, recover on L
29–30	Rock forward on R, recover on L
31–32	Rock back on R, recover on L

Part A, B, C

Part A

Part A (16 Counts)

Part C Part C

TAG (from minute 2:34)

Rocking Chair with Arm Movements (approx. 24 counts)

Instead of the last rocking chair pattern (Part C), do 4 rocking chairs (total 16 counts), then stop.

Sway gently side to side. Right arm circles from front to right, left arm circles from front to left – freestyle and expressive (8 counts)

Continue until lyric: "Let's pretend that it's not the end of the world"

PART B (from minute 2:50)

RESTART (Part C, 16 Counts & Part A)