

# Step It Up

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Header Kim (KOR) - June 2025  
音乐: Step (스텝) - KARA (카라) : (K-Pop)



\* INTRO: 36 counts

Note: No Tag, 2 Restarts

\*\*2 Restarts: On Wall 5, 7 (6:00) - Starts after 16 counts on wall 4, 6 (3:00)

## Sec 1: FWD Walk X 2, Scuff - Hitch - Stomp, Body wave, Coaster

1, 2      Step RF forward walk, Step LF forward walk  
3 & 4      RF Scuff, Hitch, Stomp  
5 - 6      Step LF forward with body wave, Recover weight on RF  
7 & 8      Step LF backward, Step RF next to LF, Step LF forward

## Sec 2: Monterey R1/4, Heel jack, Hold

1, 2      Step RF side point to R, 1/4 turn to R weight on RF (3:00)  
3, 4      Step LF side point to L, LF close next to RF  
5 & 6      Step RF cross behind LF, Step LF slightly back to L, RF touch heel diagonal forward  
7 - 8      Step Hold (Styling – With say Hello your hand)

## Sec 3: FWD Rock, Recover, Shuffle R1/2 turn, Toe struts with Hip Bump X 2

1 - 2      Step RF forward, Recover weight on LF  
3 & 4      Step RF 1/4 turn to R (6:00), Step LF next to RF, Step RF forward 1/4 turn to R (9:00)  
5 & 6      LF Toe touch forward, Hip bumping to L, Drop heel in place  
7 & 8      RF Toe touch forward, Hip bumping to R, Drop heel in place

## Sec 4: Funky Knee Diagonal Step L-R-L, FWD Rock with Hip Rolling, Back Together

1& 2&      Step LF knee pop diagonal forward to L, Step RF touch next to LF, Step RF knee pop diagonal forward to R, Step LF touch next to RF,  
3 & 4      Step LF knee pop diagonal forward to L, Press down, Press down  
5 - 6      Step RF forward with hip rolling, Weight on LF  
7, 8      Step RF backward, Step LF next to RF

### [Easy option]

1 - 2      Step LF diagonal forward to L, Step RF close next to LF  
3 - 4      Step RF diagonal forward to R, Step LF close next to RF  
5 - 6      Step RF forward with hip rolling, Weight on LF  
7, 8      Step RF backward, Step LF next to RF

☐ Happy dance with enjoy music !!☐

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