

I Am The Best

COPPERKNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: I Am the Best (내가 제일 잘나가) - 2NE1



Intro : 16count

No Tag, No Restart

S1 Walk, Hold, Walk, Hold, Pivot ½ turn(06:00) Walk, Walk

1,2,3,4 Walk Rf, hold, walk Lf, hold
5,6,7,8 Step Rf fwd, pivot ½ turn, walk Rf, walk Lf

S2 Botafogo R L, Step Back R L R L (with shimmy)

1&2 Cross Rf over Lf, Step Rf next to Lf on ball, Cross Rf over Lf
3&4 Cross Lf over Rf, Step Lf next to Rf on ball, Cross Lf over Rf
5,6,7,8 Back Rf, Back Lf, Back Rf, Back Lf (with shimmy)

S3 Side press, Recover, Triple step (R, L)

1,2,3&4 Press step Rf to Rf side, recover on Lf, triple step in place(R, L, R)
5,6,7&8 Press step Lf to Lf side, recover on Rf, triple step in place(L, R, L)

S4 V-step, Backwards Chugs turn ¼ (09:00)

1,2,3,4 Step Rf out into R diagonal, step Lf out into L diagonal, Step Rf back, step Lf together
5&6& Press Rf to Rf side (5), recover on Lf (&), press Rf to Rf side (6), recover on Lf turning ¼ Rf (&) (07:30)
7&8& Press Rf to Rf side (7), recover on Lf turning ¼ Rf (&), press Rf to Rf side (8), recover on Lf (&) (09:00)

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