

Shoulder Shimmy Remix - (Purple Disco Machine)

COPPER KNOB
STEPSHEETS

拍数: 84 墙数: 4 级数: Phrased High Beginner
编舞者: Rex Allott (UK) - June 2025
音乐: Born Again (feat. Doja Cat & RAYE) (Purple Disco Machine Remix) - LISA



Intro - 16 beats

Sequence - A,A,B,B,A,A,C,B,B,A,D,B,B,modified A.

A. 32c

S1. Stomp R, L, toe fans, 1/4 cross turn L, R coaster step

- 1-2. Stomp R, L
- 3-4. Fan both toes out, in
- 5-6. Turning 1/4 L cross R over L, step L next to R
- 7&8. Step R back, step L fwd, step R next to L

S2. Stomp L, R, toe fans, 1/4 cross turn R, L coaster step

- 1-2. Stomp L, R
- 3-4. Fan both toes out, in
- 5-6. Turning 1/4 R cross L over R, step R next to L
- 7&8. Step L back, step R fwd, step L next to R

S3. Step R, chasse R, sweep R over L

- 1-2. Step R to R, step L next to R
- 3&4. Step R to R, step L next to R, step R to R
- 5-6. Step L to L, sweep R over L
- 7-8. Step R down, step L next to R

S4. Step L, chasse L turning 1/4 L sweep R over L

- 1-2. Step L to L, step R next to L
- 3&4. Step L to L, step R next to L, step L to L
- 5-6. Turning 1/4 L, step L back, sweep R over L
- 7-8. Step L down, step R next to L

B. 32c

S1. Step, drag with shoulder shimmy R, L

- 1-2. Step R to R shimmying shoulders, pause
- 3-4. Drag L next to R shimmying shoulders, pause
- 5-6. Step L to L shimmying shoulders, pause
- 7-8. Drag R next to L shimmying shoulders, pause

S2. Back rock L behind R, full walking turn R

- 1-2. Rock L behind R, pause
- 3-4. Step L next to R, pause
- 5-6. Turning 1/2 R step R, L
- 7-8. Rpt 5-6

S3. Step, drag with shoulder shimmy L, R

- 1-2. Step L to L shimmying shoulders, pause
- 3-4. Drag R next to L shimmying shoulders, pause

- 5-6. Step R to R shimmying shoulders, pause
- 7-8. Drag L next to R shimmying shoulders, pause

S4. Back rock R behind L, full walking turn L

- 1-2. Rock R behind L, pause
- 3-4. Step R next to L, pause
- 5-6. Turning 1/2 L step L, R
- 7-8. Rpt 5-6

C. 16c

S1. Step R to R, fan L toe out, back x 2, toe, heel twist L x 2

- 1-2. Step R out R slightly fwd, fan L toe out L
- 3-4. Fan L toe in, out,
- 5-6. Twist L toe to R, L heel to R
- 7-8. Rpt 5-6

S2. Step L to L, fan R toe out, back x 2, heel toe twist R x 2

- 1-2. Step L out L slightly fwd, fan R toe out R
- 3-4. Fan R toe in, out
- 5-6. Twist R toe to L, R heel to L
- 7-8. Rpt 5-6

D. 4c

S1. 1/4 back step turn R

- 1-2. Step back L, R
- 3-4. Turning 1/4 R, step fwd L, R

On modified A. S4 5-8 omit 1/4 turn L & sweep L over R to finish facing 12 o'clock
