

# The Sad Pacific (伤心太平洋)

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Penny Tan (MY) - June 2025  
音乐: The Sad Pacific (伤心太平洋) (DJ豪大大版) - Yang Lan Yi (洋澜一)



## #6 Tags / No Restarts

\*Tag1 (4C) at end of W5 (facing 3:00) & W10 (facing 6:00)

\*Tag2 (16C) the end of W6 (facing 6:00), W7 (facing 9:00), W11 (facing 9:00) & W12 (as Ending facing 12:00)

### Tag1 (4C) : V Step

1-4                      Step RF diagonally fwd , step LF diagonally fwd , step RF back to center , step LF next to RF

### Tag2:

#### Sec1:Side with Bumps R-L

1-4                      Step RF to R , touch LF on L , bend L knee with hip bumps to R

5-8                      Step LF to L , touch RF on R , bend R knee with hip bumps to L

#### Sec2:Sways , V Step

1-4                      Step RF to R with sway R-L-R-L

5-8                      Step RF diagonally fwd , step LF diagonally fwd , step RF back to center , step LF next to RF

## Main Dance

### SEC1:FWD SHUFFLE R-L , DIAGONAL FWD , HEEL BOUNCE

1&2                      Fwd shuffle R-L-R

3&4                      Fwd shuffle L-R-L

5-6                      Step RF diagonally fwd R , step LF next to RF

&7&8                      Bouncing heels up down up down

### SEC2:DIAGONAL FWD , HEEL BOUNCE , BACK SHUFFLE R-L

1-2                      Step LF diagonally fwd L , step RF next to LF

&3&4                      Bouncing heels up down up down

5&6                      Back shuffle R-L-R

7&8                      Back shuffle L-R-L

### SEC3:VINE , HITCH , ¼ TURN L FWD , ½ TURN L STEP BACK , COASTER STEP

1-4                      Step RF to R , step LF behind RF , step RF to R , hitch L knee fwd

5-6                      ¼ turn L , step LF fwd (9:00) , ½ turn L , step RF back (3:00)

7&8                      Step LF back , step RF next to LF , step LF fwd

### SEC4:SIDE , KICK R-L , SIDE, TOUCH

1-2                      Step RF to R , kick LF over RF

3-4                      Step LF to L , kick RF over LF

5-6                      Step RF to R , touch LF next to RF

7-8                      Step LF to L , touch RF next to LF

Have fun and happy dancing!