

Bandido

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 0 级数: Phrased Easy Intermediate
编舞者: RockinMary Dewez (FR) - June 2025
音乐: Bandido - Ana Bárbara



Sequence: intro 32 - A 32 - A 16 - B 32 - Break 2 - C instrumental 32
A 32- B 32 - Break 2t- B 32tps - Break 2t - C 32 - Final 5

PART A: 32c

Section 1 R SYNCOPATED ROCKINCHAIR & PIVOT ½ TO L - L SYNCOPATDE ROCKINCHAIR & PIVOT ¼ CROSS TO R

1 & 2 & Right rock forward- recover on left- Back right rock –recover on Left
3 & 4 Right step forward- pivot ½ turn to left- right step forward
5 & 6 & Left rock fwd- Recover on right - Left rock back - recover on Right
7 & 8 Left step fwd- pivot ¼ turn to right- cross left over right

Section 2 R SIDE MAMBO – L SIDE MAMBO – BUMPIN PUSH TURN ½ (to left)

1 & 2 mambo step to right
3 & 4 mambo step to left
5678 with your R hips bump push 4 times to do a ½ turn to the Left

Section 3 R SYNCOPATED ROCKINCHAIR & PIVOT ½ TO L - L SYNCOPATDE ROCKINCHAIR & PIVOT ¼ CROSS TO R

1 & 2 & Right rock forward- recover on left- Back right rock –recover on Left
3 & 4 Right step forward- pivot ½ turn to left- right step forward
5 & 6 & Left rock fwd- Recover on right - Left rock back - recover on Right
7 & 8 Left step fwd- pivot ¼ turn to right- cross left over right

Section 4 R SIDE MAMBO – L SIDE MAMBO – BUMPIN PUSH TURN ½ (to left)

1 & 2 mambo step to right
3 & 4 mambo step to left
5678 with you R hips bump push 4 times to do a ½ turn to the Left

PART B: 32c

Section 1 R SKATE - L SKATE - R CHASSE – L SKATE – R SKATE – CHASSE ¼ TO LEFT

1 2 3&4 skate to R – skate to L – chassé to the right
5 6 7&8 skate to L – skate to R – chassé ¼ to the left

Section 2 R SKATE - L SKATE - R CHASSE – L SKATE – R SKATE – CHASSE ¼ TO LEFT

1 2 3&4 skate to R – skate to L – chassé right
5 6 7&8 skate to L – skate to R – chassé ¼ to left

Section 3 FWD R POINT diago L – BACK L POINT diago R – R SAMBA - FWD L POINT diago R - BACK L POINT diago L - L SAMBA

1 2 point RF fwd (diago left) - point RF back (diago R) -
3 & 4 R samba step : Step R fwd– rock to left– recover on RF
5 6 point L FWD (diago R) – point L back (diago L)
7 & 8 L samba step : Step L FWD –rock to left– recover on LF

Section 4 FWD R POINT diago L – BACK L POINT diago R – R SAMBA - FWD L POINT diago R - BACK L POINT diago L - L SAMBA

1 2 point RF fwd (diago left) - point RF back (diago R)
3 & 4 R samba step : Step R fwd– rock to left– recover on RF

- 5 6 point L FWD (diago R) – point L back (diago L)
7 & 8 L samba step : Step L FWD –rock to left– recover on LF

PART C: 32c

Section 1 CROSS BACK MAMBO X 4 (right – left - right - left)

- 1 & 2 cross rock back with RF –recover on LF– RF Beside LF
3 & 4 cross rock back with LF – recover on R –LF beside RF
5 & 6 cross rock back with RF –recover on LF– RF Beside LF
7 & 8 cross rock back with LF – recover on R –LF beside RF

Section 2 HINGE ¼ LEFT – HINGE ½ RIGHT – HINGE ½ LEFT – HINGE ½ RIGHT

- 1 2 ¼ turn to left on left leg & RF to R – HOLD (click R hand) (2)
3 4 ½ turn to right on R leg & LF to L– HOLD (click R hand) (4)
5 6 ½ turn to left on left leg & RF to R HOLD (click R hand) (6)
7 8 ½ turn to right on R leg & LF to L – HOLD (click R hand) (8)

Section 3 TWO STEP TOGETHER TOUCH TO RIGHT – TWO STEP TOGETHER TOUCH TO LEFT (TWICE) (SIDE ARMS)

- 1 2 3 4 Step to right with RF– L beside R– step to right with RF – LF beside R
5 6 7 8 Step to right with RF – L beside R – step to right with RF – LF beside R (with body weight)
(During this section the arms are open on each side, palms up)

Section 4 RIGHT JAZZ BOX (with CIRCLE ARMS)– BALANCE OUT RF, OUT LF, OUT RF, OUT LF (with SOFT CLAP)

- 1 2 3 4 Jazz box right (during jazz make a large circle with your arms starting from the plexus)
5 6 RF to R (clap your hands at the bottom right) - LF to L (clap your hands at the bottom left)
7 8 RF on place (clap your hands at the top right) - LF on place (clap your hands at the top left)

BREAK / TAG (2 count)

- 1 stomp RF & R hand forward (arm flex no straight)
2 stomp LF & L hand forward (arm flex no straight)

FINAL (5 count) you'll be at 3.00, go to 12.00 with count 1

- 1 2 Right arm forward (stop) – Left arm forward (stop)
3 4 Right hand on Left shoulder – Left hand on Right shoulder
5 Open arms on side (palms up)
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