

Baila Y Quiérete

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Cata Iglesias (ES) & Marita Torres (ES) - May 2025
音乐: Time of my Life (Bachata Remix DJC) - Dirty Dancing



(no tags, no restarts)

Intro 32 counts + Intro 24 danced

INTRO

*2^a Intro: 24 counts (after the first 32 counts, when the female singer's voice begins)

BASIC BACHATA RIGHT & LEFT

1-2-3-4 RF to right, LF next to RF, RF to right, LF touch next to RF

5-6-7-8 LF to left, RF next to LF, LF to left, RF touch next to LF

BASIC BACHATA FORWARD & BACK

1-2-3-4 RF forward, LF next RF, RF forward, LF touch next to RF

5-6-7-8 LF back, RF next to LF, LF back, RF touch next to LF

SWAY HOLD RIGHT & LEFT, SWAY R-L-R-L

1-2-3-4 sway right, hold, sway left, hold ⇐

5-6-7-8 sway right, left, right, left

⇐ DANCE

BASIC BACHATA RIGHT AND LEFT

1-2-3-4 RF to side right, LF next to RF, RF to side right, LF touch next to RF

5-6-7-8 LF to side left, RF next to LF, LF to side left, RF touch

¼ TURN RIGHT RF FORWARD, LF NEXT TO RF, RF IN PLACE, LF TOUCH, ¼ TURN LEFT LF SIDE LEFT, RF NEXT TO LF, ¼ LEFT LF FORWARD, RF TOUCH

1-2-3-4 ¼ right RF forward, LF next to RF, RF in place, LF touch next to RF (3:00)

5-6 ¼ turn left LF forward, RF next to LF

7-8 ¼ turn left LF forward, RF touch next to LF (9:00)

POINT FORWARD, POINT SIDE, SAILOR STEP ½ RIGHT, POINT FORWARD, SIDE, SAILOR STEP ¼ LEFT

1-2 RF point forward, RF point right

3&4 ½ RF behind LF, LF side left, RF side right (3:00)

5-6 LF point forward, LF point left,

7&8 ¼ LF behind RF, RF side right, LF side left (12:00)

SHUFFLE FORWARD RIGH AND LEFT, STEP TURN LEFT X 2

1&2 RF forward, LF next to LF, RF forward

3&4 LF forward, RF next to RF, LF forward

5-6 RF forward, ¼ turn left

7-8 RF forward, ¼ turn left (6:00)