# Doop Doop Bump Bump



拍数: 32 墙数: 2 级数: Intermediate 编舞者: Mark Paulino (USA) & Sammie Yost (USA) - June 2025

音乐: Go Down Deh (feat. Sean Paul & Shaggy) - Spice



\*\*1 Tag

#### #16 Counts Intro

[1_R] RALL STE	P RECOVER	. COASTER STEP.	1/ THEN BALL	CROSS	SIDE STED	SAILOR HEEL
II-OI DALL SIE	P. RECUVER	. CUASIER SIEP.	. 74 IURIN DALL	. URUSS.	. SIDE STEP.	. SAILUR NEEL

&1 2	R ball forward, L rocks forward, recover back on R
3&4	L steps back, R steps besides L, L steps forward

&56 1/4 turn left with R ball slightly back, L cross step over R, R side step (9:00)

L cross step behind R, R side step, L heel touch forward diagonal 7&8

#### [9-16] BALL CROSS, 1/4 TURN STEP BACK, 1/2 TURN SHUFFLE, HOP TOGETHER, HOP OUT, SHOULDER/HIP GRIND X3

&1 2	L ball slightly back, R cross step over, ¼ turn right with L step back (12:00)
3&4	1/4 turn right with R side step, L steps besides R, 1/4 turn right with R step forward (6:00)
&5 6	Hop both feet in, hop both feet out with both knees slightly bent, alternate right and left shoulders/hips going up and down
7 8	Alternate right and left shoulders/hips going up and down (weight is in between but anticipate weight shifting onto R after)

#### [17-24] CROSS FLICK, SIDE STEP SQUAT WITH HAND MOVEMENT, RECOVER, SAILOR ½ TURN, CROSS FLICK, SIDE STEP SQUAT WITH HAND MOVEMENT, RECOVER, BEHIND SIDE CROSS

&1 2	Straighten your right knee while weight shifting onto R as you cross flick L behind R, L side
	step squatting down with both hands to the side with palms facing down, recover back onto R
3&4	1/4 turn left with L cross step behind R, 1/4 turn left with R stepping besides L, L steps forward
&5 6	Cross flick R behind L, R side step squatting down with both hands to the side with palms facing down, recover back onto L
7&8	R cross steps behind L, L side step, R cross step over L

## [25-32] BALL CROSS, ½ TURN UNWIND, CROSS OVER, STEP BACK, SIDE STEP, CROSS OVER, SIDE

&1 2	L side step, R cross step behind L, ½ turn unwind weight shifting from L to R
3&4	L cross step over R, R steps back, L side step
&5 6	R cross step over L, L big side step as you drag R to L, R toe touch besides L
7&8	R side rock, recover back on L, R kicks forward

### Tag: After wall 4 facing 12:00, restart after tag. BALL STEP, HEEL HOP 1/4 TURN x2, HOLD

STEP WITH DRAG, SIDE ROCK RECOVER, KICK

&1&2	R ball touch besides	_(&), L steps forward(1	1), raise R heel and land heel down with 1/4 turn
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right(&), raise L heel and land heel down with 1/4 turn right(&) (12:00)

Raise R heel and land heel down with 1/4 turn right(&), raise L heel and land heel down with &34

1/4 turn right(3), hold(4) (6:00)

Last Update: 19 Jun 2025