

Can't Help but Shine

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 2 级数: Beginner / High Beginner
编舞者: Mackenzie Skyden (USA) - June 2025
音乐: Sapphire - Ed Sheeran



Short dance but atypical steps at the end and syncopation.
No tags no restarts

#32 count intro

[1-8] Walk, walk, mambo, walk walk mambo

1, 2, 3&4 Walk Fwd R, L, Rock forward on R, recover on L, step back on R

5, 6, 7&8 Walk Bwd L, R, Rock bwd on L, recover on R, step fwd on L

[9-16] Mambo R, Mambo L, Knee twist in out in, ½ turning forward basic

1&2 Rock to right side on RF, recover on LF, step RF crossed in front of LF

3&4 Rock to left side on LF, recover on RF, step LF forward

5&6 with weight on L and bent leg, plant R toe and swivel R knee in-out-in

&7&8 Step RF to right side with ¼ turn, close LF next to RF, Step RF to right side with ¼ turn, close LF next to RF and take weight on LF*

*Arms on the last &7&8): Left Hand on Left Hip, Right hand leads the ½ turn in a sweep around with the palm up.

End of Dance! Have Fun!! Contact kenzie.skye.dances@gmail.com with questions. Demo video coming soon.