

Full Stock

拍数: 64 墙数: 2 级数: Advanced ECS
编舞者: Sabine Stalder & Alice Berini (CH) - June 2025
音乐: You Make My Dreams - Daryl Hall & John Oates : (iTunes)



Count In: 32 counts from start of the track

S1 Step, Lock, Hold, ½ Turn L, Hold, Full Sailor Turn R, Triple ¼ Turn L

- & 1 - 2 Step R forward, lock L behind R, Hold 12:00
- 3 - 4 ½ turn left weight on L, Hold 06:00
- 5 & 6 Full sailor turn right 06:00
- 7 & 8 ¼ turn right step L to left side, step R beside L, step L to left side 09:00

S2 ½ Turn R, Step, Drag, L Sailor Step, R Sailor Step, Step ½ Turn R

- & 1 - 2 Turn ½ turn right on ball of L, step R big step to right side, drag L towards R 03:00
- 3 & 4 Cross L behind R, step R to right side, step L in place 03:00
- 5 & 6 Cross R behind L, step L to left side, step R in place 03:00
- 7 - 8 Step L forward, ½ turn to right weight ends R 09:00

S3 2x Triple ¼ Turn, Step 5/8 Turn, Walk L, R

- 1 & 2 ¼ turn right step L to left side, step R beside L, ¼ turn right step L back 03:00
- 3 & 4 ¼ turn right step R to right side, step L beside R, ¼ turn right step R forward 09:00
- 5 - 6 Step L forward, 5/8 turn right weight ends R 04:30
- 7 - 8 Walk L forward, walk R forward 04:30

S4 Ball, Step, Drag, Heel Twists x2, Step ½ Turn

- & 1 - 2 Step on ball of L beside R, step R big step forward, drag L towards R 04:30
- 3 - 4 Step L forward and in front of R as you twist both heels to the left, recover to center 04:30
- 5 - 6 Twist both heels to the left, recover to center shift weight to L 04:30
- 7 - 8 Step R forward, turn ½ turn left weight ends L 10:30

S5 Diagonal Lock Steps x2, Step, Lock, Hold, 7/8 Turn L, Hold

- 1 & 2 Step R forward to right diagonal, lock L behind R, step R forward to right diagonal 10:30
- 3 & 4 Step L forward to left diagonal, lock R behind L, step L forward to left diagonal 10:30
- & 5 - 6 Step R forward to right diagonal, lock L behind R, hold 10:30
- 7 - 8 Unwind 7/8 turn left weight ends L, hold 12:00

S6 Diagonal Lock Steps x2, Kicks with R

- 1 & 2 Step R forward to right diagonal, lock L behind R, step R forward to right diagonal 12:00
- 3 & 4 Step L forward to left diagonal, lock R behind L, step L forward to left diagonal 12:00
- 5 - 6 Kick R over L, kick R to right diagonal 12:00
- 7 - 8 Touch R behind L, kick R high to right diagonal 12:00

S7 Sailor Step R, Sailor ½ Turn L, Full Turn L, Ball, Step, Drag

- 1 & 2 Cross R behind L, step L to left side, step R in place 12:00
- 3 & 4 Cross L behind R as you start turning ¼ turn left, step R beside L as you finish ¼ turn left, ¼ turn left step L forward 06:00
- 5 - 6 ½ turn left step back on R, ½ turn left step L forward 06:00
- & 7 - 8 Step on ball of R beside L, step L big step forward, drag R towards L 06:00

S8 Kicks, Touch, Back Kicks

- 1 - 2 Kick R over L, Kick R to right diagonal 06:00
- 3 - 4 Touch R behind L, kick R back to right diagonal 06:00

- 5 - 6 Touch R behind L, kick R back and a bit higher to right diagonal 06:00
7 - 8 Touch R behind L, kick R back higher than before to right diagonal 06:00
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