

Trust Me I Lie

COPPER KNOB
STEPPERS

拍数: 80 墙数: 1 级数: Phrased Advanced
编舞者: Sabine Stalder & Alice Berini (CH) - June 2025
音乐: Trust Me I Lie - Joshua Ledet : (iTunes)



Description: 1 Wall, Advanced phrased Linedance, A Tag B A Tag b A Tag B A

Count In: 8 counts from where the beat kicks in, start on vocals

PART A:: 32C

A1 Back, drag, cross, full turn with sweep, behind, side, cross, full turn spiral, slide forward

- 1 - 2 Step back on RF, drag LF towards RF 12:00
- & a 3 Step left on LF, cross RF over LF, full turn left and sweep LF front to back 12:00
- 4 & 5 Step left behind RF, step right on RF, cross LF over RF 12:00
- 6 - 7 Spiral full turn right 12:00
- 8 Slide forward on RF and bend knee and lean forward with upper body 12:00

A2 Rock step, 2x back, 2x sway, pirouette, full turn with sweep, coaster step

- 1 - 2 Rock forward on LF, recover on RF 12:00
- & 3 Step back on LF, step back on RF 12:00
- 4 - 5 Step left on LF and sway your body to the left, step right on RF and sway your body to the right 12:00
- 6 - 7 Pirouette left on LF, step down on RF and make a full turn left with sweep LF front to back 12:00
- 8 & 1 Step back on LF, step together on RF, step forward to L diagonal on LF

Last PART A ends with the coaster step on 12 o'clock. After your last step forward on count 1, bend your knee of LF and lean / stretch forward with your body. Your arms are stretched forward - End of the dance! 10:30

A3 Diamond, side, together, 2x sway

- 2 & 3 Step forward to L diagonal on RF (10:30), turn ¼ right step back on LF, step back to R diagonal on RF (1:30) 01:30
- 4 & 5 Step back to R diagonal on LF (1:30), 1/8 turn right step to right side (3:00), 1/8 turn right step forward on LF (4:30) 04:30
- 6 & Step forward on RF (4:30), step left on LF with 1/8 turn right (6:00) 06:00
- 7 & Step right on RF with ½ turn right (12:00), step LF together 12:00
- 8 & Step right on RF and sway your body to the right, step left on LF and sway your body to left 12:00

A4 Basic night club right, ¼ turn, step ½ turn, 2x chainé turn

- 1 - 2 & Step right to right side, close LF behind RF, cross RF over LF 12:00
- 3 Step LF forward with ¼ turn left 09:00
- 4 & Step RF forward, ½ turn left 03:00
- 5 & ¼ turn left, ¾ turn left on both feet, step LF forward 03:00
- 6 & ¼ turn left, ¾ turn left on both feet, step LF forward 03:00
- 7 - 8 Body roll up 03:00

TAG

T1 TAG: 2x Step Back

- 1 - 2 Step back on RF, step back on LF 03:00

PART B: 48C

B1 ¼ Turn, Pose, side, touch, ¼ turn, ¼ turn sweep, full turn, down

- 1 - 2 ¼ turn R step RF to the right, swing your body to the right side and bend your right knee
While stepping to the side and swinging your body, open both arms to the side 06:00
- 3 - 4 Transfer your weight to the LF, touch RF next to LF While transferring your weight, bring your
left and then your right arm over your head down to both sides of your body 06:00
- 5 - 6 ¼ turn right step on RF, ¼ turn right as you sweep LF from back to front and step down on
LF 12:00
- & 7 ½ turn left step back on RF, ½ turn left step forward on LF 12:00
- 8 Bend left knee; upper body lean over left knee; RF extend back 12:00

B2 Lean forward, come up, ½ turn, step, full turn with sweep, sweep, rock recover, 2x step back, basic with ¼ turn

- 1, 2 - 3 Lean forward with your body, start stretching your left leg and rise your body, ½ turn right
(weight stays on your LF) and point your RF to the front 06:00
- 4 Step forward on RF 06:00
- & 5 Full turn right, sweep your LF from back to front 06:00
- 6 Step down on LF and sweep your RF from back to front 06:00
- 7 & Step RF forward, recover on LF 06:00
- 8 & Step back on RF, step back on LF 06:00

B3 Basic step with ¼ turn, ¾ turn, step, 1 ½ pirouette, point, step, platform spin

- 1 - 2 & ¼ turn right step to the side on your RF, close LF behind RF, cross RF over LF 09:00
- a 3 ¼ turn right step back on LF, ½ turn right on your LF sweeping your RF and stepping forward
on RF 06:00
- 4 Step forward on LF 06:00
- 5 - 6 1 ½ pirouette left on LF, point RF to the right 12:00
- 7 - 8 Step down on RF, make full platform spin to the right 12:00

B4 Body roll, 2x step forward, step, ½ turn, step, spiral full turn, down

- 1 - 2 Body roll up 12:00
- 3 - 4 Step forward on RF, Step forward on LF 12:00
- 5 - 6 Step forward on RF, ½ turn left 06:00
- & 7 Step forward on RF, full turn spiral 06:00
- 8 Slide forward on your LF and bend your knee

~2nd PART B (b) Ends here on count 8. Restart the dance PART A by stepping back & rising your body 06:00

B5 ¾ turn with sweep, cross, ¼ turn, ¼ turn into a night club basic, side, behind, side, cross, side rock, cross

- 1 - 2 & Step back on RF and ¾ turn right while sweeping LF from back to front, cross LF in front of
RF, ¼ turn left while stepping back on RF 12:00
- 3 - 4 & ¼ turn left step LF to the side, close RF behind LF, cross LF in front of RF 09:00
- 5 - 6 & Step RF to right side, step LF behind RF, step RF to the right side 09:00
- 7 & 8 & Cross LF in front of RF, step RF to right side, recover on LF, cross RF in front of LF 09:00

B6 ¾ turn, ½ turn, coaster step, step, 2 piquet full turns, rock recover

- 1 - 2 & ¾ turn right on LF sweeping RF around, step down on RF, ½ turn right step back on LF 12:00
 - 3 - 4 & Step back on RF, step together on LF, step forward on RF 12:00
 - 5 Step forward on LF 12:00
 - 6 & 7 & 2x: Travelling ½ turn left with figure 4, step down, travelling ½ turn left with figure 4, step
down 12:00
 - 8 & Step RF forward, recover on LF 12:00
-