Shake It to the Max



拍数: 16 墙数: 4 级数: Beginner

编舞者: Vee Trias (INA) - June 2025

音乐: Shake It To The Max (Done With Ya Ex) - MOLIY, Silent Addy & Gladdest



Intro: 16 Counts

NO TAG - NO RESTART

S1. KICK BALL TOUCH, ANCHOR STEP

1&2	Kick R forward - Step R together - Touch L to side
3&4	Kick L forward - Step L together - Touch R to side
5&6	Rock R back - Recover on L - Step R in place
7&8	Rock L back - Recover on R - Step L in place

S2. COASTER STEP, FORWARD LOCK SHUFFLE, SYNCOPATED ROCKING CHAIR, PIVOT TURN 1/4 LEFT

1&2	Step R back - Step L together - Step R forward
3&4	Step L forward - Lock R behind L - Step L forward

5&6& Rock R forward - Recover on L - Rock R back - Recover on L

7-8 Step R forward - Turn 1/4 left weight on L

Have fun and happy dancing!