

Cowboy Stroll (P)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 0 级数: Improver - Partner Circle
编舞者: Tanya Curry (USA) & Dale Curry (USA) - June 2025
音乐: The Cowboy Rides Away - George Strait
或: Play Something Country - Brooks & Dunn
或: Cowboy Casanova - Carrie Underwood



travels CCW down line of dance.

Music: (start on vocals)

The Cowboy Rides Away by George Strait
Play Something Country by Brooks & Dunn
Cowboy Casanova by Carrie Underwood

Note: This dance can be done to almost any slow tempo song. This dance was created to be danced when any great song with the appropriate tempo is played and is not limited to only one song.

****Lead and Follow partners are on opposite footwork. Dance starts with the lead partner facing the outside of the circle and the follow partner facing inside of the circle, hands connected in open hand hold with followers R to leaders L and followers L to leaders R. This dance follows the basic Quick-Quick-Slow-Quick-Quick-Slow pattern until counts 25-32

[1-8] Country Swing Basic: (partners switch sides on 1-4, then go back to original position (5-8)
Footwork/Handwork. Follower steps forward switching positions with leader, leaders L and followers R hand traces

leaders stomach area, releasing on count 1 and reconnecting on 3. On count 5 leader raises his L arm allowing the follower to go under it getting back to original starting position. Followers L hand and leaders R hand do not

reconnect until count 8 momentarily

Followers Footwork

1 Step R foot forward releasing followers R from leaders L hand (stomach pass) & reconnecting on 3

2-3-4 Turn ½ to the R and step L foot back, Step R foot back, Hold

5 Step L foot forward (underarm turn)

6-7-8 Turn ½ to the L and step R foot back, Step L foot back, Hold

Leaders Footwork

1 Step L foot forward releasing leaders L from followers R hand & reconnecting on 3.

2-3-4 Turn ½ to the L and step R foot back, Step L foot back, Hold

5 Step R foot forward (underarm turn)

6-7-8 Turn ½ to the R and step L foot back, Step R foot back, Hold

Reconnect both hands on count 8 momentarily

[9-16] Rock-Recover, Half Turn, Repeat

Handwork:

1 Release Followers L hand from Leaders R hand. Followers R hand and Leaders L hand stay connected

3 Connect both hands

5 Release Followers R hand from Leaders L hand

7 Connect both hands

Followers Footwork

1-2 Turn ¼ L rock forward onto R foot, recover transferring weight onto L foot

- 3-4 Turn ¼ R stepping R to the side, Hold
- 5-6 Turn ¼ R rock forward onto L foot, recover transferring weight onto R foot
- 7-8 Turn ¼ L stepping L to the side, Hold (reconnect both hands momentarily)

Leaders Footwork

- 1-2 Turn ¼ R rock forward onto L foot, recover transferring weight onto R foot
- 3-4 Turn ¼ L stepping L to the side, Hold
- 5-6 Turn ¼ L rock forward onto R foot, recover transferring weight onto L foot
- 7-8 Turn ¼ R stepping R to the side, Hold

[17-24] Step Pivot--Free Spin/Full Turn

Handwork:

- 1 Release Followers L hand from Leaders R hand. Followers R hand and Leaders L hand stay connected
- 3 Connect Followers L hand to Leaders R hand
- 5 Release both hands to do free spin
- 7 Reconnect Followers L hand to Leaders R hand

Followers Footwork: Release leaders R from followers L hand again.

- 1-2 Turn ¼ L stepping R foot forward, Pivot ½ turn L
- 3-4 Step R foot forward, hold
- 5-6 Freespin—partners release both hands
- Turn ½ R stepping L foot back, Turn ½ R stepping R foot forward,
- 7-8 Step L foot forward, hold

Leaders Footwork: Release leaders R from followers L hand again.

- 1-2 Turn ¼ R stepping L foot forward, Pivot ½ turn R
- 3-4 Step L foot forward, hold
- 5-6 Freespin—partners release both hands
- Turn ½ L stepping R foot back, Turn ½ R stepping L foot forward,
- 7-8 Step R foot forward, hold

[25-32] Grapevine travelling down line of dance, circle arms

Handwork:

- 1 Connect both hands
- 5-8 Bring connected hands together and circle your hands/arms between you.

Followers R and Leaders L arms form full circle toward the direction of line of dance while Followers L and Leaders R arms form full circle (at the same time) toward the direction opposite of line of dance.

Followers Footwork:

- 1 Turn ¼ L to face partner as you step R to the side and connect both hands
- 2-3-4 Step L behind R, Step R to the side, Step L over R,
- 5-6 Step R to the side rocking onto R foot, recover weight onto L foot
- 7-8 Touch R foot beside L foot (do not apply weight), Hold
- 0 n 5-6-7-8 Bring both hands to the center and circle them in front of your body then back to home position.

Leaders Footwork:

- 1 Turn ¼ R to face partner as you step L to the side and connect both hands
- 2-3-4 Step R behind L, Step L to the side, Step R over L,
- 5-6 Step L to the side rocking onto L foot, recover weight onto R foot
- 7-8 Touch L foot beside R foot (do not apply weight), Hold
- 0 n 5-6-7-8 Bring both hands to the center and circle them in front of your body then back to home position