How to Train Your Dragon

拍数: 64	墙数: 1	级数: Phrased Beginner

编舞者: Jesse Eschbach (USA) - June 2025

音乐: Where No One Goes - Jónsi & John Powell : (Amazon Music, Spotify, Apple Music)

Intro: 32 counts
Sequence: ABCD B ABCD ABCD

Quick note: I originally created this dance in 2016 for 6-year-olds. Get silly with it and have fun – don't take yourself too seriously on this one! □ And if you don't want to learn the dance, I'd still invite you to come out to the floor and "fly" during Part D (fairly obvious in the music) and then leave the floor before the other parts start again.

PART A: 32 cts
[1-8] R SIDE TOGETHER X3, SIDE, TOUCH
1,2,3,4   1) Step R to R side; 2) Step L next to R; 3) Step R to R side; 4) Step L next to R;
5,6,7,8   5) Step R to R side; 6) Step L next to R; 7) Step R to R side; 8) Touch L beside R

[9-16] 4 STEP TOUCHES W/ ARM WAVING
1,2,3,4   1) Step L to L side; 2) Touch R beside L; 3) Step R to R side; 4) Touch L beside R;
ARMS: Wave both arms above your head, following the step touches – start with arms up
and to the right, wave to the left as you take your left step touch, then wave to the right for right step touch.
5,6,7,8   5) Step L to L side; 6) Touch R beside L; 7) Step R to R side; 8) Touch L beside R;
ARMS: repeat 1-4 arms

[17-24] L SIDE TOGETHER X3, SIDE, TOUCH
1,2,3,4   1) Step L to L side; 2) Step R next to L; 3) Step L to L side; 4) Step R next to L;
5,6,7,8   5) Step L to L side; 6) Step R next to L; 7) Step L to L side; 8) Touch R beside L

[25-32] 4 STEP TOUCHES W/ ARM WAVING
1,2,3,4   1) Step R to R side; 2) Touch L beside R; 3) Step L to L side; 4) Touch R beside L;
ARMS: 1-4) put both arms out, palms down, to L side (parallel to the floor), reach out and around moving clockwise (to the right) as if gesturing to all the things in front of you until you reach the right side.
5,6,7,8   5) Step R to R side; 6) Touch L beside R; 7) Step L to L side; 8) Touch R beside L;
ARMS: repeat 1-4 arms, moving counterclockwise this time.

PART B: 16 cts
[1-8] WALK X4, ½ PIVOT W HOLDS
1,2,3,4   1) Step R forward; 2) Step L forward; 3) Step R forward; 4) Step L forward;
5,6,7,8   5) Step R forward; 6) Hold R; 7) Pivot ½ counterclockwise, shifting weight on L: 8) Hold [6:00]

[1-8] WALK X4, ½ PIVOT W HOLDS
1,2,3,4   1) Step R forward; 2) Step L forward; 3) Step R forward; 4) Step L forward;
5,6,7,8   5) Step R forward; 6) Hold R; 7) Pivot ½ counterclockwise, shifting weight on L; 8) Hold [12:00]

PART C: 16 cts
[1-8] SLOW V STEP
1,2,3,4   1) Step R forward to R diagonal; 2) Hold; 3) Step L forward to L diagonal; 4) Hold;
5,6,7,8   5) Step R Step R back; 6) Hold R; 7) Step L beside R; 8) Hold

[9-16] SCOOP UP YOUR WINGS (LARGE ARM CIRCLE)
*For this section, everything is one continuous motion: visualize scooping something up off the ground and

over your head before fixing your "wings" into place.

1,2,3,4	1) Begin bending down slightly with both arms out to the sides, as if you are preparing to scoop up something from the floor; 2) still bent over, scoop arms down and together, reaching the lowest point in your motion; 3) cross arms (palms facing in/up as you scoop) as you stand up; 4) fully upright now, arms should be crossed (chest high or slightly higher) with hands open and palms cupped and pinky-side towards you;
5,6,7,8	5) rotate both wrists out so palms face away; 6) start moving arms out and down; 7) arms continue moving out and down (palms facing down/away now) so you can then; 8) lock arms/"wings" into place, parallel to the floor and straight out to the sides.

PART D: 44/0 cts
[1-44] FLY!

1-44	Wings in place, pick any direction and "fly" around the dance floor! There's 44 counts of "soaring" film score-style music. The goal is for everyone to intermingle – since this is a 1-wall dance, you can "take off" and "land" at different places on the floor. Just fly around, stop and face the front at the end of the 44 counts, drop your arms, and begin the next part of the dance.

Enjoy!

Follow me or reach out on socials (Jesse Line Dance on all platforms) or email JesseLineDance@gmail.com