

Figure You Out

COPPER **KNOB**
BY STEPHENETS

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Rebecca Grimes (USA), Haley Herrera (USA) & Cameron Stuart (USA) - June 2025
音乐: Figure You Out - BB Cooper & Jake Daniels



PHRASING: A, B, A, A, B, A, A, A

INTRO: 16 COUNTS

PART A: 32c

[1-8]: PRESS, SWEEP WITH 1/2 TURN R, SAILOR 1/2 TURN, ROCK, RECOVER, BEHIND-SIDE-CROSS W/ 1/8 TURN

1-2 1)Press R forward, 2)Recover on L sweeping R while making a 1/2 turn over R shoulder
3&4 3)1/4 turn R crossing R behind L, &)1/4 turn R stepping L next to R, 4)Step forward on R
5-6 5)Rock L to L side, 6)Recover on R
7&8 7)Step L behind R, &)Step R to R side, 8)Cross L over R making a 1/8 turn to R (1:30)

[9-16]: PRESS, HITCH, PONY STEP R, PONY STEP L, OUT-OUT-IN-FORWARD

1-2 1)Press R forward, 2)Recover on L hitching R knee (1:30)
3&4 3)Step back on R hitching L knee, &)Step L next to R, 4)Step back on R hitching L knee (1:30)
5&6 5)Step back on L hitching R knee, &)Step R next to L, 6)Step back on L hitching R knee (1:30)
&7&8 &)Step R to R side, 7)Step L to L side, &)Step R to center, 8)Step forward on L (1:30)

[17-24]: 1/4 HEEL GRIND R, BEHIND-SIDE-CROSS, 1/2 HEEL GRIND L, BEHIND-SIDE-CROSS

1-2 1)Rock forward on R heel with the toes pointed to L, 2)Step L to L side as you turn a 1/4 turn to R (4:30)
3&4 3)Step R behind L, &)Step L to L side, 4)Cross R over L (4:30)
5-6 5)Rock forward on L heel with the toes pointed to R, 6)Step R to R side as you turn a 1/2 turn to L (10:30)
7&8 7)Step L behind R, &)Step R to R side, 8)Cross L over R (10:30)

[25-32]: 3/8 TURN L STEPPING BACK R SWEEPING L, BEHIND L, SLIDE R, WALK R-L, V-STEP

1-2 1)Make 3/8 turn left stepping back on R as you sweep L backwards, 2)Step L behind R (6:00)
3-4 3)Take big step to R on R, 4)Slide L towards R keeping weight on R
&5-6 &)Step L next to R, 5)Step forward on R, 6)Step forward on L
&7&8 &)Step R to R diagonal, 7)Step L to L diagonal, Step R to center, Step L next to R

PART B: 32c

[1-8]: JAZZ BOX WITH 1/4 TURN R, HOLD W/ SNAP, STEP-LOCK-STEP, 1/2 TURN BACK, COLLECT

1&2 1)Cross R over L, &)Step back on L making a 1/4 turn R, 2)Step R to R side
3-4 3)Touch L next to R keeping weight on R, 4)Snap fingers to sides
5&6 5)Step forward on L, &)Step R behind L, 6)Step forward on L
7-8 7)Step forward on R making a 1/2 turn L, 8)Touch L next to R

[9-16]: JAZZ BOX WITH 1/4 TURN L, HOLD W/ SNAP, STEP-LOCK-STEP, 1/2 TURN BACK, COLLECT

1&2 1)Cross L over R, &)Step back on R making a 1/4 turn L, 2)Step L to L side
3-4 3)Touch R next to L keeping weight on L, 4)Snap fingers to sides
5&6 5)Step forward on R, &)Step L behind R, 6)Step forward on R
7-8 7)Step forward on L making a 1/2 turn R, 8)Touch R next to L

[17-24]: SIDE, TOUCH, 1/4 TURN L SIDE, TOUCH, 1/4 TURN L SIDE, TOUCH, 1/4 TURN L SIDE, TOUCH

- 1-2 1)Step R to R side, 2)Touch L next to R
- 3-4 3)Making a 1/4 turn L step L to L side, 4)Touch R next to L
- 5-6 5)Making a 1/4 turn L step R to R side, 6)Touch L next to R
- 7-8 7)Making a 1/4 turn L step L to L side, 8)Touch R next to L

[25-32]: HEEL JACKS X2, CROSS, SIDE, CROSS BEHIND, 3/4 UNWIND

- &1&2 &)Step back on ball of R, 1)Cross L over R, &)Step R to R side, 2)Show L heel
 - &3&4 &)Step back on ball of L, 3)Cross R over L, &)Step L to L side, 4)Show R heel
 - &5-6 &)Step down on ball of R, 5)Cross L over R, 6)Step R to R side
 - 7-8 7)Touch L behind R, 8)Make a 3/4 turn over L shoulder switching weight to L
-