The Prayer Waltz



拍数: 48 墙数: 4 级数: Beginner

编舞者: Shannon Chang (USA) - June 2025

音乐: The Prayer (Langs. Walzer - 29 T/M) - Vio Friedmann



*1 Tag: 3 counts: SWAY

Intro: Dance start on vocal (approx. 18 secs)

SECTION 1: FORWARD ½ TURN TOGETHER, BACK TOGETHER TOGETHER

1–3 L forward, ½ turn left R back, L together

4–6 R back, L together, R together

SECTION 2: WALTZ 1/4 TURN BASIC, WALTZ BACK BASIC

1–3 L forward, ¼ turn left R back, L together

4–6 R back, L together, R in place

SECTION 3: LEFT TWINKLE, RIGHT TWINKLE WITH 1/4 TURN RIGHT

1–3 L across right, R side, L together

4–6 R across L, ¼ turn right L back, R together

SECTION 4: FORWARD POINT HOLD, BACKWARD POINT HOLD

1–3 L forward, R point side, hold4–6 R back, L point side, hold

SECTION 5: WEAVE TO RIGHT, SWAY SIDE TO SIDE

1–3 L across right, R side, L behind right

4–6 R side, L side, R side

SECTION 6: FULL TURN LEFT (OR VINE), CROSS ROCK & RECOVER

1–3 ¼ turn L forward L, ½ turn L back R, ¼ turn L side L

(Option Vine: L side, R behind, L side)

4–6 R across Left, recover L, R side

SECTION 7: LEFT TWINKLE, RIGHT TWINKLE WITH 1/4 TURN RIGHT

1–3 L across right, R side, L in place

4–6 R across left, ¼ turn right L back, R side

SECTION 8: WALTZ BASIC FORWARD, BASIC BACK

1–3 L forward, R together, L in place4–6 R back, L together, R in place

*1 Tag: After wall 2 (facing 6:00), SECTION 5: SWAY SIDE TO SIDE (R,L,R)

Start Over

Spotify music:

 $https://open.spotify.com/track/2NtoWSRoA1ADX9s5jauzgg?si=7GnVYxQ0QYCfYnyp_xQVWQ&context=spotify%3Aplaylist%3A0T0hV0qHd8uUjDgQkOVXbc\\$