

# The Wolf EZ

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Maddi Love (AUS) - June 2025  
音乐: The Wolf - The Spencer Lee Band : (Album: 50 Shades Freed OST)



Dance begins after 24 counts, 1 restart, no tags.

**[1-8] Rumba box with 1/4 turn L, step right together, right forward touch, left together, left quarter turn touch (9:00)**

1, 2      Step R to right, step L next to R.  
3, 4      Step R forward, touch left toe next to R,  
5, 6      Step L to left, step R, next to L.  
7, 8      Turn 1/4 left as you step L back (9:00), touch R next to L

**[9-16] Step Back, Touch, Step Back, Touch, Back Rock, Recover, Walk, Walk (9:00)**

1, 2      Step R back, Touch L slightly in front of R (add knee hitch for styling)  
3, 4      Step L back, Touch R slightly in front of L (add knee hitch for styling)  
5, 6      Rock R back, Recover onto L  
7, 8      Step R forward, Step L forward

**Restart here on wall 3, facing 3 o'clock**

**[17-24] Step R, tap L, Step L, tap R, Rocking Chair, (9:00)**

1, 2      Step R forward, tap L foot to right foot  
3, 4      Step L forward, tap R foot to left foot  
5, 6      Rock R forward, Recover onto L  
7, 8      Rock R back, Recover onto L

**[25-32] Single hip bumps forward R, L, Step Out R, Step Out L, Circle Hips (9:00)**

1, 2      R hip bump forward, step R next to L (9:00)  
3, 4      L hip bump forward, step L next to R (9:00)  
5, 6      Step R out, Step L out  
7-8      Place hands on front of hips, Circle hips counterclockwise starting from left - finish with weight on L (make howling sound as hips circle)

**Restart occurs after the first 16 counts of the 3rd repetition. You'll begin again facing 3:00.**

This was choreographed to be an easy beginner version of the improver level dance The Wolf that can be danced as a split wall dance. I acknowledge the choreographer Jonno Lieberman of the original dance which was my inspiration.

I do not own the rights to the music.

Submitted by: Karyn Turner - Email: [Bootsyrhythm@gmail.com](mailto:Bootsyrhythm@gmail.com)

Last Update: 22 June 2025